



# Pathways for Young Adults - including School Leavers & World Youth Day Pilgrims

Diocese of Sandhurst 2013

*So, you have finished Year 12 and are leaving school?*

OR

*You are headed for World Youth Day in Rio 2013 or went to Madrid in 2011?*

*You have trained for a great career and are looking for 'something more'?*

OR

*One stage may be completed, but life's pilgrimage goes on. What's ahead for you?*



**This brochure offers possible pathways and resources you may like to consider.**

# Do you want to... Would you like to...

Find a resource for prayer and reflection...

## Pray as you go!

[www.pray-as-you-go.org](http://www.pray-as-you-go.org)

Produced by Jesuit Media Initiatives (UK), this site offers you daily prayer for listening at the computer, or via MP3 or WMA. The Church's daily Scripture Readings are the basis for prayer and reflection which also includes quiet time, supported by peaceful traditional or contemporary music. Also provided are; Prayer exercises to help prepare for the day, a four minute breathing exercise and body exercises to assist calm and readiness for prayer and an eight minute prayerful review at the end of the day.

## Sacred Space

[www.sacredspace.ie](http://www.sacredspace.ie)

Produced by the Irish Jesuits, this site invites you to "make a 'Sacred Space' in your day, and spend ten minutes, praying here and now, as you sit at your computer, with the help of on-screen guidance and scripture chosen specially every day." Beautiful photographic images accompany a gentle progression from one part of the prayer to another.

"Make a 'Sacred Space' in your day, and spend ten minutes, praying here and now"

## Taize

[www.taize.fr/en](http://www.taize.fr/en)

For decades, the ecumenical French Taize Christian community has drawn thousands of people, especially young adults, from all around the world to join in prayer and catechesis. Taize chants for Christian prayer are well known. 'Taize' prayer groups are active in many parts of the world. The 'Prayer and Song' link on the Taize home page, English language link, provides resources for prayer, including MP3, podcasts and reflections on topics such as; preparing a time of prayer, preparing a welcoming space for meditative prayer, meditative singing, the value of silence, icons in worship.

## Daily Prayer Online

[www.churchresources.info/pray/gospel.php](http://www.churchresources.info/pray/gospel.php)

This site offers a variety of options for prayer, based on daily Scripture readings onscreen, and available for MP3, podcast. The site provides prayer for adults, plus prayer links for use with children in schools.

## Quiet Space

[http://churchresources.info/pray/quiet\\_space/](http://churchresources.info/pray/quiet_space/)

Be led immediately through a few moments of quiet prayer for today. In the style of 'Sacred Space' (above)

## Year of Grace

<http://www.yearofgrace.catholic.org.au/>

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au) follow 'Year of Grace' link.

The Year of Grace for the Australian Church, invites us to 'Start afresh from Christ.' A variety of resources for reflection, prayer and Christian life may be accessed via the national and diocesan websites.

# Connect with the wider Catholic community?

## Diocese of Sandhurst

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)

Homepage for the Diocese of Sandhurst, providing news and information about the diocese and its parishes, diocesan organisations, contacts and links.

## Australian Catholic Bishops Conference

[www.catholic.org.au](http://www.catholic.org.au)

Provides information about the Australian Church, its dioceses, links to a number of organisations which have the support of the Australian Catholic Bishops, information, news and resources.

## Cathnews

[www.cathnews.com](http://www.cathnews.com)

Cathnews is a daily Catholic information service which reports Australian and international news. It offers links to sites offering resources for prayer and positions available within Catholic Church communities and organisations.

## Aboriginal Catholic Ministry for Victoria

[www.acmm.org.au](http://www.acmm.org.au)

ACM offers a resource inspired by the Gospel, committed to supporting Aboriginal and Torres Strait Islander people and work for reconciliation.

## Catholic Youth Ministry

<http://www.youthministry.catholic.org.au/>

The website for Catholic Youth Ministry at a national level, under the auspices of the Bishops Commission for Pastoral Life. Includes full text of Anointed and Sent: An Australian Vision for Catholic Youth Ministry, National Support for youth ministry, A directory of organisations, information on training and formation in youth ministry A 400+ item resource directory, and links to WYD information.

## Xt3 (Christ in the third millennium)

<http://www.xt3.com/>

Xt3 is more than a social network! It is an interactive social media platform for all your latest videos, podcasts, articles and much more. An award-winning Catholic online network, Xt3 will keep you in touch with Church news and events, keep you informed on all the hot topics and the latest on WYD2013. Xt3 - Christ in the Third Millennium.

## Busted Halo

<http://bustedhalo.com/>

Under the direction of Fr. Dave Dwyer, CSP, Busted Halo® Ministries helps young adults explore their spirituality, listen to and encourage one another, discover (or re-discover) the rich depths of Catholic tradition, and connect to communities of faith where their unique gifts will be respected and used, and where they will find support on their journey towards God.

## Facebook

### Australian Catholic Youth Festival

<https://www.facebook.com/acyfestival>

An opportunity for young Catholics, from Yr 9 to 25, to encounter Jesus Christ, in the context of the Catholic Church in Australia. The first ever will be hosted in Melbourne 5-7th December 2013.

## Stronger

[www.stronger.org.au](http://www.stronger.org.au)

<https://www.facebook.com/StrongerYouth>

The Stronger Retreat is a dynamic Catholic retreat for young people aged 16-26. It's about gathering with other young people from across the Sandhurst diocese and the rest of Australia for a common experience – encountering Jesus Christ and the Church, and being equipped, empowered and encouraged to impact the Church and the world. The retreat includes;

- Dynamic speakers focusing on relevant and practical topics
- Opportunity for communal and personal prayer
- Reconciliation and Adoration of the Blessed Sacrament
- Music, praise and worship
- And much, much more...

'Stronger' is more than just a weekend. Every few months we will be having Rallies where students can gather from around the Sandhurst diocese to celebrate their faith. During this time we will meet together for praise and worship, hear a testimony from a young person and listen to a talk, which is followed by small group discussions. It's a time to realise that you are not alone, and a time to be nourished, encouraged and equipped on your walk with Jesus.

Stronger D (Discipleship) Groups is a new small-group meeting setting in your parish or school. In your D Group you will have the space to discuss and learn what it means to be a Christian in the world today. For details on D Group locations, or for information on how to help start up a D Group, visit [www.sandhurst.catholic.org.au/index.php/sym-home](http://www.sandhurst.catholic.org.au/index.php/sym-home) and follow the links.



## ACBC Youth Ministry

<https://www.facebook.com/BCPLYouthministry>

Australian Catholic Bishops Conference Bishops Commission for Pastoral Life: Youth Ministry. Resources and support for Catholic Youth Ministry in Australia

## Twitter

If you tweet, there are a number of Catholics tweeting with you. This is just a small sample of the kind of people/organisations you may wish to follow, or they may link you to others you want to check out.

Connect:

- @StrongerAU
- @FrRobGalea
- @Pope2YouVatican
- @ACBCYouthMin
- @CharlieChooken
- @FrChrisRyanMGL
- @KarenLunney
- @VinniesAust
- @The\_Tablet
- @ABCReligion
- @CradioLimited
- @Frstan
- @PopeBXVI
- @wyd\_en
- @Xt3\_iActiv8

Remember you can also use # to discover things Catholic/Christian, but be wary. #grace has some lovely quotes, but also random stuff about people named Grace, likewise #christian

Sometimes finding events like WYD or ACYMC (Australian Catholic Youth Ministry Convention) will lead to some great tweets... Try #Rio2013 , #WYD2013 or #JMJ

## Blogs

**Seeing Swans at Night -Musings on faith and life**

<http://frchrisryanmgl.wordpress.com/>

Fr Chris Ryan MGL is a priest with the Missionaries of God's Love, an emerging congregation of priests and brothers. Fr Chris has been involved in different styles of youth ministry, culminating in coordinating the Australasian Journey of the World Youth Day Cross and Icon in 2007-08 in the lead-up to World Youth Day 08. Fr Chris is currently the rector of the MGL Seminary in Melbourne.

Stay connected with other young adults?

## Sandhurst Youth Ministry

<http://www.sandhurst.catholic.org.au/index.php/sym-home> or go to [www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au) and follow

'Directory' link The first point of call for young people in the Sandhurst Diocese. Contact the youth ministry office for information about events including youth masses around the diocese, World Youth Day, Stronger D-Groups, Stronger Rallies and the annual Stronger Retreat among many other things. [www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au) Contacts: Jackson Saunders, Youth Ministry Worker, Diocese of Sandhurst: Phone: 03 5441 2544 Email: [jackson.saunders@sandhurst.catholic.org.au](mailto:jackson.saunders@sandhurst.catholic.org.au) Melissa Mewburn, Youth Ministry Worker, Diocese of Sandhurst Phone: 03 5441 2544 Email: [melissa.mewburn@sandhurst.catholic.org.au](mailto:melissa.mewburn@sandhurst.catholic.org.au)

## Marist Young Adult Program

[www.maristyoungadult.com/](http://www.maristyoungadult.com/)

The Marist Young Adults Program offers online and in person opportunities for people between the ages of 18 and 30 to explore their Christian faith. You are invited to visit the web pages to find out more about MYAP and its spiritual, social and service activities.

## Young Christian Workers YCW

[www.ycw.org.au](http://www.ycw.org.au)

An international youth movement which aims to actively promote a society which actively supports, respects and values the God given dignity of each person. It is committed to upholding basic human rights, especially the right to meaningful and just work. YCW educates, represents and provides services for young adults, and is operated for, by and with young people. It seeks to organise, educate and empower young people to be agents for positive change within their own lives and the community. The type of change we make is informed by our values, beliefs and faith. "See, judge, act" is the motto for this movement.



# Take time out for a reflection or retreat

Watch for opportunities advertised through parishes and online via the Sandhurst Diocese website.

Talk with Sandhurst Youth Ministry team & Adult Faith Education Sandhurst about organizing a mini retreat or retreat day for your group or region. Look out for programs organized by young adults networks in Sandhurst and other dioceses.

## Campion Ignatian Spirituality and Retreat Centre

[www.campion.asn.au/Campion.htm](http://www.campion.asn.au/Campion.htm)

Campion offers a diversity of programs, including retreats, based on the spirituality of Saint Ignatius of Loyola (1491 - 1556), who developed his spirituality while a lay person. Today his approach continues to be effective for busy people in daily life. The Centre is dedicated to strengthening individuals in a quiet, peaceful environment that encourages reflection and growth in spirituality. There is a warm welcome and a comfortable, secure place to rest and pray.

## Melbourne - Heart of Life Spirituality Centre

<http://heartoflife.abundance.org.au/>

Inspired by God's love for all people and founded by the Missionaries of the Sacred Heart, HOLSC offers retreats, seminars, workshops, ministry formation programs and spiritual direction. 96 Albion Rd Box Hill, Melb, Vic 3128 AUSTRALIA Ph: 61 03 9890 1101 Email: [holsc@bigpond.com](mailto:holsc@bigpond.com) Web: <http://heartoflife.abundance.org.au>

## St Mary's Towers Retreat Centre (NSW)

[www.towersretreat.abundance.org.au/](http://www.towersretreat.abundance.org.au/)

A place of silence and prayer situated in bush and pastureland near Sydney, hosted by the Missionaries of the Sacred Heart. A variety of retreats are offered in an atmosphere of profound contemplative silence, supporting a contemplative attitude towards one's own self and God, and a serious commitment to the spirit of prayer. The people at The Towers are motivated by their own experiences of the divine and human love of God in the heart of Jesus. The kindness of God finds expression in the spirit and life of this retreat centre.

## Australian Christian Meditation Community

[www.christianmeditationaustralia.org](http://www.christianmeditationaustralia.org)

The ancient Christian tradition of meditating on a single sacred phrase (mantra), as a way of praying focused on simply 'being with' God, was revived by the English Benedictine monk, Dom John Main (1926-82) who established an ecumenical Christian Meditation Centre in London (1975) and then, with Dom Laurence Freeman OSB, founded a meditation community for religious and lay people in a Montreal monastery (1977). The World Community for Christian Meditation is active throughout the world. The site provides information, resources and useful links.

## Creighton University (US) Online Retreat for Everyday Life

[www.onlineministries.creighton.edu/CollaborativeMinistry/cmo-retreat.html](http://www.onlineministries.creighton.edu/CollaborativeMinistry/cmo-retreat.html)

A 34 week online retreat for Everyday Life from the Ministry of the Collaborative Ministry Office at Creighton University and the Society of Jesus (Jesuits). This retreat, founded on openness and trust in God, is an experience of God's Grace in the midst of our busy lives. Week 1 may be commenced at any time. Weekly guides and resources may be listened to on CD or mp3 player. Also available at this site: Daily Reflections on the Stations of the Cross, Practical Spirituality, Spirituality Presentations.

## Apostleship of Prayer

[www.apostleship-prayer.org](http://www.apostleship-prayer.org)

Initiated and supported by the Society of Jesus (Jesuits), this apostleship represents a network of people who join together in Gospel based prayer every day for the needs of the world, while also helping to spread the Gospel message by inviting others to pray.

Find out about Weekends, Festivals, Immersion Experiences and Pilgrimages?

## Stronger Retreat

[www.stronger.org.au](http://www.stronger.org.au)

The Stronger Retreat is held annually. For details see 'Connect with the wider Catholic Community' page 3 or visit the website.

## World Youth Day 2013

There will be a Victorian pilgrimage to World Youth Day in Rio De Janeiro, Brazil, in July 2013. Sandhurst will have a strong identity within the pilgrimages available. This is an exciting new initiative that we believe will enable the youth of Victoria (aged 16-35) to share their faith and to be rejuvenated to spread the Gospel of Jesus Christ: and to be fired by a deep desire to "go and make disciples of all nations." (Matthew 28:19). For details about the pilgrimage options available, visit [www.cam.org.au/youth/World-Youth-Day/Packages](http://www.cam.org.au/youth/World-Youth-Day/Packages). For more information about WYD visit [www.worldyouthday.org.au](http://www.worldyouthday.org.au)

## Sandhurst Alternative Schoolies Immersion Experience

### Focus on Social Justice

Contact: [mcrowe@ceosand.catholic.edu.au](mailto:mcrowe@ceosand.catholic.edu.au) Ph: Sandhurst Catholic Education Office, Wangaratta (03) 5723 0000  
Year 12 students are eligible to apply for an amazing social justice immersion experience.

## Sandhurst Adult Faith Education & Spirituality Weekend

A Sandhurst tradition for 20 years, held at the Feathertop Chalet Harrietville (usually late April or early May)  
Weekend themes explore connections between faith and life, spirituality and the life of the Church. Time for reflection and prayer, celebration of Eucharist, experiences of friendships and vibrant community and time for relaxation are all part of this weekend. Watch Sandpiper and parish bulletins for advertising details in March and April.

## Sandhurst Diocesan Pilgrimage

At the time of writing, it is expected that the next Sandhurst Diocesan Pilgrimage will depart in September 2014 for approximately 15 days, journeying to Bible Lands (eg. the Holy Land or Pathways of St Paul and his companions in Greece and Turkey). Application forms are expected to be available in Sandhurst Diocese parishes and schools in late 2013.



# Get involved and make a contribution to Parish Life?

Talk to your parish priest. Arrange to meet the Pastoral Associate (if your parish has someone in this role), the Chair or members of your Parish Pastoral Council. Ask how you may get involved.

Ask about joining one of the ministries in your parish: Welcome & Hospitality, Minister of the Word (Reader), Eucharistic Minister, and Communion to the Sick, Grief & Loss Support Group, RCIA support group.

Get a young adults group going to meet regularly for Scripture based prayer group, a study and discussion program (see options available elsewhere in this booklet), to educate and explore action for social justice or care for creation. Contact Sandhurst Youth Ministry or Adult Faith Education coordinator at the Chancery 03 5441 244 or [adultfaith@sandhurst.catholic.org.au](mailto:adultfaith@sandhurst.catholic.org.au)

# Get involved in Outreach, Social Justice Action & Education?

Join or start a small group linked with one of the following

## St Vincent De Paul Society of Australia Vinnies Youth

[www.vinnies.org.au/who-we-are-national?link=758](http://www.vinnies.org.au/who-we-are-national?link=758)

Vinnies Youth is the name for the inspiring young people who volunteer for the St Vincent de Paul Society Australia. There are thousands of young people who every day share their time, care for humanity and energy to make a difference in the lives of disadvantaged people around Australia.

Vinnies Youth is a broad term to encompass all ages and groups of volunteers including Young Adults, Young Vinnies (High School and Colleges) and Mini Vinnies (Primary Schools). Join Vinnies Youth to Make a Difference!



## **Bendigo St Vincent de Paul Society Youth Conference**

Bendigo Young Vinnies is a youth volunteer group (ages 17 – 35) which operates in the local area, with a focus on social justice and helping people in need. Some of the activities the group gets involved in include: Kids' Days, , Community BBQs and Visitations. New members are welcome. For more information contact [youth@svdp-vic.org.au](mailto:youth@svdp-vic.org.au)

## **Goulburn Valley Young Vinnies**

Goulburn Valley Young Vinnies is a volunteer youth group (ages 17-35) which is based in Shepparton. Some of the activities they organize include Kids' Day Out activities and community barbeques. They usually meet monthly. For details call 0400 869 468.

## **Stronger D Groups**

[www.stronger.org.au](http://www.stronger.org.au) For details see 'Connect with the wider Catholic Community' page 3 or visit the website.

## **Caritas Australia**

[www.caritas.org.au](http://www.caritas.org.au)

Catholic agency for overseas aid, development and emergency relief

Caritas helps people to help themselves, supporting long term development projects in impoverished communities. It is also part of Caritas Internationalis, one of the world's most effective emergency relief organisations. The site provides information on works, education, emergencies, current issues and how to help, Education resources, news and updates on development, aid and emergency assistance throughout the world.

## **Catholic Earthcare Australia (CEA)**

[www.catholicearthcare.org.au](http://www.catholicearthcare.org.au)

As an agency of the Catholic Bishops Commission for Justice and Development, Catholic Earthcare Australia's mission is to help promote understanding among people that Creation is sacred and endangered, and must be protected and sustained for present and future generations yet unborn.

To play its part in helping protect the integrity of creation and the health of Earth's inhabitants and life supporting ecosystems, Catholic Earthcare Australia is mandated, through the activities of research, education, advocacy and outreach to give leadership in responding to Pope John Paul II 's call for an "ecological conversion" of the world's Catholics.

## **Australian Catholic Social Justice Council (ACSJC)**

[www.socialjustice.catholic.org.au](http://www.socialjustice.catholic.org.au)

ACSJC was set up by the Australian Catholic Bishops Conference (ACBC) as the national justice and peace agency of the Catholic Church in Australia. It promotes research, education, advocacy and action on social justice, peace and human rights, integrating them deeply into the life of the whole Catholic community in Australia, and providing a credible Catholic voice on these matters in Australian society. In this way the ACSJC seeks to bring good news to the poor, release to captives, sight to the blind and freedom to the oppressed. The site provides media releases, publications, updates on current issues, spirituality, social teaching and useful links. Mrs Kerry Stone and Fr Rom Hayes are Sandhurst Diocese members of the ACSJC.

## **Australian Catholic Migrants & Refugees Office**

[www.acmro.catholic.org.au](http://www.acmro.catholic.org.au)

An office established by the Australian Bishops to inform policy and action and to act as an official voice on national and international migrant and refugee issues. Bishop Joseph Grech held this ministry close to his heart and was the Australian Catholic Bishops representative for this important work.

## **L'Arche**

[www.larche.org.au](http://www.larche.org.au)

Based on a fundamental belief in the dignity of every person, L'Arche aims to create communities which welcome people with an intellectual disability and those who choose to live with them, or support them. L'Arche also seeks to reveal the particular gifts of people with an intellectual disability. L'Arche relies on the generous gifts of involvement by many people. There are lots of options to 'get involved'. See what might fit for you and your availability.

## **Institute of the Sisters of Mercy**

[www.institute.mercy.org.au](http://www.institute.mercy.org.au)

Supports local and overseas relief and development activities that are part of the vision and mission of the Institute of Sisters of Mercy of Australia.

The programmes engage in partnerships with communities to promote justice, self-reliance and to support displaced people and communities who are denied access to basic resources such as education, health care and social welfare.

## Jesuit Social Services

[www.jss.org.au](http://www.jss.org.au)

Jesuit Social Services is a community of people, founded on Jesus' model of service in the Gospels and Catholic Social Teaching committed to expressing a faith that promotes justice and standing in solidarity with those in need. JSS offers practical programs of service, social action, advocacy and research, which include the most difficult areas of social disadvantage and need, on behalf of individuals, families and communities. The site offers programs, publications, news and information about employment and applications to join the vital work of volunteers.

## Rosies Oblate Youth Mission

[www.rosiesvic.oblates.com.au](http://www.rosiesvic.oblates.com.au)

Rosies' "Friends on the Street" teams of 18 - 30 year-old volunteers operate a coffee bus offering friendship and hospitality and a listening ear to the poor and abandoned who find themselves on the streets of Melbourne.

# Learn more about the Catholic Faith?

## Short Courses and Seminars

### Adult Faith Education Sandhurst

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au) follow 'Directory' link.

An introduction to Catholic Faith, Scripture, Prayer and Spirituality, Catholic Social Teaching and more. Resources free to download. Information about Faith Education courses, seminars and diocesan events.

### Catholic Australia, Youth and Young Adults

[www.catholicaustralia.com.au](http://www.catholicaustralia.com.au)

This site, an offshoot of Catholic Resources and sponsored by the Franciscan Friars, offers information and resources for Parish Based Youth Ministry, What Catholics Believe, Living the Faith, Evangelisation, the Church in Australia, Liturgy, Music and helpful links.

### Online learning with Boston Theological College – 'C21 Online'

[www.bc.edu/schools/stm/c21online](http://www.bc.edu/schools/stm/c21online)

Interactive online faith education short courses (2-4 weeks) developed by internationally recognized theologians. Course discounts available when quoting the Sandhurst Diocese Group Registration number (available from Adult Faith Education Sandhurst – details at the end of this brochure)

### Catholic Enquiry Centre (CEC)

<http://www.catholicenquiry.com/>

CEC was founded by the Australian Catholic Bishops' Conference for better knowledge of Christ and the Catholic Church in Australia. Information is provided for those searching for faith, for people of other religious backgrounds and interreligious understanding is promoted. An 18 part series of leaflets focused on the Catholic faith may be freely downloaded. Baptism and Wedding brochures explain the sacraments and what happens during the ceremonies.

### Beginning Theology

(Institute of Faith Education Brisbane <http://ife.qld.edu.au/sandhurst>)

An introductory Adult Faith Formation course connecting faith and life in four modules:

**1. God      2. Word of God      3. People of God      4. Following Jesus Christ**

Complete this 'Not for assessment' course at home, on your own, or as part of a friendship group meeting monthly (1 - to 2 hr) over 1 - 2 years.

All course materials provided in distance education package. A Certificate of Achievement is awarded at the conclusion of this course.

### Year of Faith

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au) follow Directory, Adult Faith Education, Year of Faith links.

<http://www.annusfidei.va/>

An international 'Year of the Faith', linked to Australia's 'Year of Grace', began on October 11th 2012, the anniversary of the opening of Vatican II. As with our ongoing faith journeys, a 'YEAR OF FAITH' is about our relationship with Jesus Christ. It invites renewed focus on documents of the Vatican II Council, the Christian Creed and the Catechism and celebration of Eucharist in our communities.



# Gain a qualification in Theology? Gain formation in ministry to serve others?

## Formal Courses for Nationally Recognised Qualifications

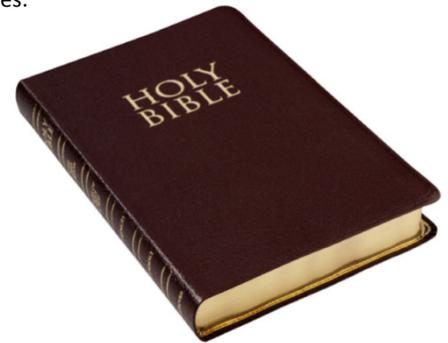
For the following programs offered through Adult Faith Education Sandhurst, contact Lyn at Adult Faith Education Sandhurst, [adultfaith@sand.catholic.org.au](mailto:adultfaith@sand.catholic.org.au) or Phone 5441 2544.

### 'Foundations' - Certificate IV in Christian Ministry & Theology

Offered by the Institute of Faith Education Brisbane (<http://ife.qld.edu.au>) in the Sandhurst Diocese

The NEW *Foundations* is a **one year** Open Learning Online course of individual study, exploring six themes:

1. The God of the Old Testament
2. Jesus the Christ: Exploring the New Testament
3. Catholic Beliefs: Theology for Today
4. People of God: The Church Then and Now
5. Sacraments & Liturgy
6. Living Integrity: Ethics and Catholic Social Teaching



It is designed to enable students to –

- Gain faith understanding and 1st level qualifications for a variety of vocational pathways.
- Complete the course within one year
- Access Use-Friendly Learning Resources On – Line
- Learn at your own pace, in your own unique style, supported by Course Coordinators and Education Officers providing advice and guidance
- Become confident in talking about faith by gaining a sound understanding of current Catholic theology
- Gain practical skills
- Achieve a nationally recognised Certificate IV in Christian Ministry & Theology  
With affordable course costs

### Open Learning

As a *Foundations* student you are provided with structured learning materials and assessment tasks including practical projects and brief short answer tasks which can be tailored to your own context, providing lots of choice. Learn at your own pace and submit assessment items via email. Receive feedback and support throughout the course from your Assessor. 'Phone support is available from the Education and Students Support Officers of IFE. Sandhurst participants may choose, if they wish, to have a Sandhurst mentor and / or to be put in touch other students for discussion and mutual support.

Catholic scholars are consulted when IFE materials are developed, including; Rev. Assoc. Professor Orm Rush, Australian Catholic University (ACU); Rev. A. Professor David Pascoe, ACU; Dr Ray Campbell, Queensland Bioethics Centre.

**Adult Faith Education Sandhurst:** 'Ph: 03 5441 2544 Email: [adultfaith@sandhurst.catholic.org.au](mailto:adultfaith@sandhurst.catholic.org.au) Website: [www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)  
**IFE: Institute of Faith Education – Archdiocese of Brisbane** 'Ph: 07 3336 9167 Email: [ife.fl@bne.catholic.net.au](mailto:ife.fl@bne.catholic.net.au) Website: <http://ife.qld.edu.au>

## Diploma, Bachelor, Graduate Certificate, Masters of Theology, Pastoral Ministry, Christian Spirituality – Melbourne and beyond

### The Broken Bay Institute (BBI) – University of Newcastle (UoN)

[www.bbi.catholic.edu.au](http://www.bbi.catholic.edu.au)

Offers online programs in Theology and Pastoral Ministry, Spirituality and Philosophy in partnership with the University of Newcastle. BBI delivers the largest offering of Catholic Online and Distance theological programs in Australia. Units are also credited with other universities. Access to Commonwealth loan schemes such as FEE-HELP is available for all courses. Awards include

- **Diploma or Bachelor of Theology**
- **Bachelor of Theology (Honours)**
- **Graduate Certificate or Masters of Theology**
- **Specialist pathways e.g. Youth & Campus Ministry**
- It is also possible to credit Theology and related units towards degrees for a variety of professional pathways (eg. Healthcare, Education, Social Work among others) with UoN or other universities.

Visit: [www.bbi.catholic.edu.au/academic-programs/](http://www.bbi.catholic.edu.au/academic-programs/) (Academic Programs, Broken Bay Institute)  
<http://www.newcastle.edu.au/program/11703.html> (Bachelor of Theology, University of Newcastle)  
<http://www.newcastle.edu.au/program/12212.html> (Masters of Theology, University of Newcastle)

**Contact:** Ground Level, Caroline Chisholm Centre Building 2, 423 Pennant Hills Rd Pennant Hills 2120. PO Box 340 Pennant Hills NSW 1715  
Ph: (02) 9847 0540 Web: [www.bbi.catholic.edu.au](http://www.bbi.catholic.edu.au)

## Certificate in Youth and Campus Ministry

This non-award program is for students seeking an introduction to Catholic Youth Ministry. It consists of four courses at the Bachelor level, including Youth Ministry specific units, which may transfer into the Undergraduate Diploma in Theology degree. This program requires the completion of four courses taken from the Bachelor of Theology program: For information or to register, call Cheryl Martin, Academic Registrar on: 9847 0540 or email: [cmartin@bbi.catholic.edu.au](mailto:cmartin@bbi.catholic.edu.au) or visit: [www.bbi.catholic.edu.au](http://www.bbi.catholic.edu.au)

## Catholic Theological College (CTC) – MCD University of Divinity

[www.ctc.edu.au](http://www.ctc.edu.au)

CTC, part of the Melbourne College of Divinity, shares the Church's mission to spread the Gospel, and provides academic formation for people committed to the Church's pastoral service. Awards: Diploma or Associate Diploma in Ministry, Diploma in Philosophy, Bachelor of Theology, Bachelor of Theology (Honours), Bachelor of Arts / Bachelor of Theology (combined degree with Monash University) and higher degrees. Contact: 278 Victoria Parade East Melbourne PO Box 146 East Melbourne VIC 8002 Ph: 03 9412 3333

## Yarra Theological Union (YTU) – MCD University of Divinity

[www.ytu.edu.au](http://www.ytu.edu.au)

YTU, part of the Melbourne College of Divinity, is a Catholic centre for theological education, offering formation for many kinds of service in the Church. Awards include; Diploma or Advanced Diploma of Theology, Bachelor of Arts / Bachelor of Theology (Double Degree), Bachelor of Theology and Bachelor of Theology (Honours) and higher degrees. Contact: 98 Albion Road, Box Hill, Vic. 3128. P.O. Box 79, Box Hill, Vic. 3128 Ph: (03) 9890 3771; (03) 9898 2240 [www.ytu.edu.au/Undergraduate](http://www.ytu.edu.au/Undergraduate)

## United Faculty of Theology (UFT) – MCD University of Divinity

[www.uff.edu.au](http://www.uff.edu.au)

UFT, part of the Melbourne College of Divinity, is an ecumenical partnership of three theological colleges in Parkville, Melbourne. Some students are in formation for ministry at Jesuit Theological College, the Uniting Church Theological College, or Trinity College Theological School (Anglican). Others undertake professional development, writing a research thesis, pursuing their first tertiary degree, or fulfilling a passion for theological study. Awards; Diploma or Advanced Diploma in Theology, Bachelor of Theology, Bachelor of Theology (Honours)

**\*\*The Melbourne College of Divinity (MCD) – MCD University of Divinity** Several theology colleges in Melbourne belong to this ecumenical 'umbrella' organisation, accredited to award diplomas and degrees, soon to be listed as a university,. Contact: Melbourne College of Divinity 21 Highbury Grove Kew Vic 3101 Ph: (03) 9853 3177 [www.mcd.edu.au](http://www.mcd.edu.au)

## Theology Online @ MCD University of Divinity

Theology Online @ MCD University provides online theology courses. This flexible ecumenical program puts students in constant contact with teachers and peers. Awards: Diploma, Bachelor, Graduate Certificate and Masters in Theology are available. Commonwealth loan schemes may be accessed for all courses. Contact: MCD Theology Online [theologyonline@mcd.edu.au](mailto:theologyonline@mcd.edu.au) Trinity College Royal Pde, Parkville Vic Australia 3052. Ph: (03) 9348 7478.

## Australian Catholic University (ACU)

[www.acu.edu.au](http://www.acu.edu.au)

ACU offers Theology and Philosophy courses with a range of majors and specialisations in Ballarat or Melbourne. Awards include: Bachelor of Theology, Bachelor of Theology (Honours), Bachelor of Theology / Bachelor of Global Studies, Bachelor of Theology/ Bachelor of Social Work, Diploma in Youth Ministry, Certificate in Theology, Diploma in Theology, Certificate in Guiding Meditation. Contact: Ballarat 1200 Mair Street Ballarat Vic 3350 / PO Box 650 Ballarat Vic 3350 Ph: 03 5336 5300 Melbourne 115 Victoria Parade Fitzroy Vic 3065 / Locked Bag 4115 Fitzroy MDC Fitzroy Vic 3065 Ph: 03 9953 3000

# Become a Catholic, or Receive Sacraments for the first time?

Contact a local parish community to find out about the Rite of Christian Initiation of Adults (RCIA) programs or initiation for young people into the Catholic community.

## Discover the Vocation for you?

Are you called to Marriage & Family, Vowed Religious Life, Priesthood or Committed Christian Single Life?

## Vocations to the Priesthood and Vowed Religious Life in the Sandhurst Diocese

Visit: [www.sandhurst.catholic.org.au/index.php/vocations](http://www.sandhurst.catholic.org.au/index.php/vocations)

Sandhurst Vocations Ministry Director and contact person: Fr Steve Bohan PP, PO Box 36, Yarrowonga 3730 Tel: 03 5744 3030 Fax: 03 5744 3434.



## All Vocations: Marriage, Priesthood, Vowed Religious Life, Committed Single Life

Catholic Vocations Ministry Australia (CVMA) [www.catholicovocations.org.au](http://www.catholicovocations.org.au)  
CVMA offers information, resources, prayer, reflection, useful links and Q & As regarding the vocations of priesthood, marriage & parenthood, vowed religious life and committed single life.

### Marriage

Engaged? Married? Would you like support to begin or to continue your married life with a strong foundation in a Gospel based spirituality and the support of experienced friends and companions on the journey?

### Marriage Preparation in the Parish

Contact your local parish priest or parish leader, for pre-marriage interviews, to share time with the priest exploring the sacramental nature of marriage, the meaning of commitment and to prepare the wedding liturgy. Participate in recognized Link participation in the FOCCUS experience (see below) with participation in a Pre-Marriage Education programs exploring communication skills, problem solving strategies, marital goals and expectations, family background influences, staying close as a couple and much more.

### Centacare - Relationships Education for Couples

[www.centacare-sandhurst.org.au](http://www.centacare-sandhurst.org.au)

CentaCare offers a range of interesting, interactive and informative workshops to assist couples to keep their relationship going strong.

### Workshops for Couples (Shepparton, Bendigo)

This half day workshop for couples getting married or committing to a long term relationship. The workshop explores key relationship themes such as: family background, communication, dealing with differences and conflict, relationship choices and patterns. Couples gain insight into what is going well in their relationship, how they can build on their knowledge and skills, and learn from others in a non-threatening environment. Workshops are held quarterly in Shepparton and Bendigo.

Email: [claire.mcleod@ccds.org.au](mailto:claire.mcleod@ccds.org.au) or freecall 1800 461 444 or call (03) 5438 1300

### FOCCUS – Program for Couples

[www.centacare-sandhurst.org.au](http://www.centacare-sandhurst.org.au)

A program based on a set of statements designed to assist individual couples to communicate at a deeper level on expectations, family, friends, interests, religion, sexuality, relationship and communication skills. FOCCUS is available through parishes and Centacare. Participation in FOCCUS is available through your local parish and through Centacare (above). Email: [claire.mcleod@ccds.org.au](mailto:claire.mcleod@ccds.org.au) Ph: (03) 5438 1300

### Catholic Engaged Encounter

[www.engagedencounter.org](http://www.engagedencounter.org)

Catholic Engaged Encounter recognizes that “A wedding is a day...A marriage is a lifetime.” Catholic Engaged Encounter is a weekend retreat away with other engaged couples with plenty of time alone together to plan for the sacrament of marriage and to communicate honestly on their prospective lives together.

### Worldwide Marriage Encounter Australia

[www.wwme.org.au](http://www.wwme.org.au)

Offers weekends to help turn good marriages into great marriages, enabling couples to rediscover their best friend and the spark that was there when they first married.

### Teams for Married Couples

[www.teamsoceania.com.au](http://www.teamsoceania.com.au)

Teams is a lay movement within the Catholic Church that offers couples a chance to discover the Lord’s presence in their marriage and to live in Christian fellowship with other couples as a way of giving thanks to God and bearing witness to Him in the world. The goal of the movement is to help couples live their lives with more strength, light and hope. The movement was formed in France in 1938 and now exists in many countries in the world. In Oceania, there are now some 180 Teams comprising about 1,700 members.



# Express faith through the arts?

## Fr Rob Galea

[www.frrobglea.com](http://www.frrobglea.com)

Music resources, podcasts, upcoming events, online store and more, for prayer and liturgy from Fr Rob Galea.

## Artes Christi Australia

<http://www.arteschristi.org.au/>

<http://www.facebook.com/arteschristi>

Artes Christi Australia Inc (ACA) is an arts association based in Sydney focused on supporting Catholic and Christian communities. Projects include concerts, musicals and plays and services in the areas of artistic design, event management, media liaison and marketing to the Catholic and Christian community. Formally established in 2005, Artes Christi's mission is 'to seek the Face of Christ through the arts'. Artes Christi is beginning to link up with projects at the national level.

## Find a good book shop? Borrow resources?

### Sandhurst Diocese Catholic Education Office Resource Centre

[www3.ceosand.catholic.edu.au/resource-centre.html](http://www3.ceosand.catholic.edu.au/resource-centre.html)

Borrow books, DVDs and music CDs. Register online or by mail to be eligible to borrow Faith Education resources.

120 Hargreaves Street, Bendigo Ph: (03) 5442 6108

### Central Catholic Bookshop

322 Lonsdale Street, Melbourne, Vic 3000 Ph: (03) 9639 0844 Fax: (03) 9639 0879 Web: [www.catholicbookshop.com.au](http://www.catholicbookshop.com.au)

Open 7 days per week.

### Rainbow Books (Word of Life Distributors)

[www.rainbowbooks.com.au](http://www.rainbowbooks.com.au)

508 High St (rear) Hubert St, Preston, Vic 3072. Ph: (03) 9470 6611

Fax: (03) 9470 2381 [rba@rainbowbooks.com.au](mailto:rba@rainbowbooks.com.au)

### John Garratt Bookroom

Current: [www.johngarratt.com.au](http://www.johngarratt.com.au)

Incoming: [www.garrattpublishing.com.au](http://www.garrattpublishing.com.au)

32 Glenvale Crescent, Mulgrave Vic 3170 Ph: (03) 8545 2911

Email: [sales@johngarratt.com.au](mailto:sales@johngarratt.com.au)

### Willow Publishing, the Catholica Spiritual Marketplace

[www.catholica.com.au/marketplace/willow](http://www.catholica.com.au/marketplace/willow)

Market Place connected to Catholica online journal. 'A marketplace exploration of Catholic Adult Spirituality, Theology and Faith in the spirit of the second Vatican Council. Marketplace of DVDs, CDs, books and music by artists such as; Fr Rob Galea, James Maher. Trisha Watts, Gabrielle Lord and many others.

### Pauline Books & Media

7 Denmark Hill Road, East Hawthorn Vic 3123.

Ph: (03) 9882 3424 Fax: (03) 9882 9614

Email: [orders.melbourne@paulinebooks.com.au](mailto:orders.melbourne@paulinebooks.com.au) Web:

[www.paulinebooks.com.au](http://www.paulinebooks.com.au) Open Mon – Fri 9.00 am – 5.30 pm. Sat 9.00 am – 12.00 pm.

### Mosaic Resources

[www.mosaicresources.com.au](http://www.mosaicresources.com.au)

### Other websites worth checking out

Check Australian Catholic Dioceses and their Catholic Education Office websites for useful information and links.

## Find help and support?

### Centacare Services

[www.centacare-sandhurst.org.au](http://www.centacare-sandhurst.org.au)

Centacare is a professional social service fostering hope, growth and well being. Its aims are to empower individuals, couples and families and to build healthy communities through relationships, partnerships and collaboration.

Centacare Bendigo: 56 Baxter St Bendigo 3550

Ph: (03) 5438 1300 or 03 5441 7713.

Centacare Shepparton: 68 Wyndham St Shepparton 3631

Ph: (03) 5820 0444 or 03 5821 3774.

### Grow

[www.grow.net.au](http://www.grow.net.au)

GROW is a mutual support self help network for those experiencing anxiety, depression etc.

GROW is open to all irrespective of belief, race, colour or class. Groups meet in several towns across the Sandhurst Diocese. Ph: 1800 558 268

## Chaplains Offices at Universities or TAFEs:

Check contact details for each institution.

This "Pathways" document is presented by:

### Sandhurst Diocese Chancery

174 McCrae St, Bendigo Vic 3550. PO Box 201 Bendigo Vic 3552 Ph: (03) 5441 2544 Fax: (03) 5441 8275 Web:

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)

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Youth Ministry Worker, Diocese of Sandhurst

Contact for Sandhurst Youth Ministry, Stronger, YCS

03 5441 2544

[jackson.saunders@sandhurst.catholic.org.au](mailto:jackson.saunders@sandhurst.catholic.org.au)

[www.sandhurst.catholic.org.au/index.php/sym-home](http://www.sandhurst.catholic.org.au/index.php/sym-home)

#### Lyn Breen

Adult Faith Education Sandhurst

Ph: (03) 5441 2544

Email: [adultfaith@sandhurst.catholic.org.au](mailto:adultfaith@sandhurst.catholic.org.au)

[www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)

and follow 'Directory' to Adult Faith Education

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[www.sandhurst.catholic.org.au/index.php/sym-home](http://www.sandhurst.catholic.org.au/index.php/sym-home)

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#### Acknowledgements:

**Design & Formatting:** Efficient Office [www.efficientoffice.com.au](http://www.efficientoffice.com.au)

**Photo Source:** Images purchased from [freedigitalphotos.net.au](http://freedigitalphotos.net.au)