



PATHWAYS FOR YOUNG ADULTS

.....

Catholic Diocese of Sandhurst 2017



Welcome to Pathways 2017

Dear young adults,

We are excited to share with you 'Pathways for Young Adults 2017.'

The booklet produced in partnership by Sandhurst Youth Ministry and Adult Faith Education Sandhurst outlines opportunities to assist you on your faith journey.

There is information about a variety of youth ministry and young adult activities, as well as details on faith formation, social justice and outreach initiatives which you may like to consider. A range of social media networks and online forums and networks offer choices for you to connect with the wider Catholic community.

In addition, there are links to resources to support you in prayer and spirituality, and to help you explore your calling in life.

There is information about reflection days, festivals, immersions and pilgrimage experiences you can take part in to grow in your faith, and qualifications available in theology, ministry formation, training, and much more.

We hope that this document will assist you in planning for your future, or help you to deepen your faith and find meaningful ways to live out your faith in your daily life.

God Bless,



Danielle Sullivan
Sandhurst Youth Ministry Worker



David Winter
Sandhurst Youth Ministry Worker



Lyn Breen
Sandhurst Adult Faith Education Co-ordinator

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CONNECT

World Youth Day Poland 2016



..... CONNECT WITH YOUR CATHOLIC COMMUNITY



Catholic Diocese of Sandhurst

www.sandhurst.catholic.org.au

Homepage for the Diocese of Sandhurst, providing news and information about the diocese and its parishes, diocesan organisations, contacts and links.

Australian Catholic Bishops Conference

www.catholic.org.au

Provides information about the Australian Church, its dioceses, links to a number of organisations which have the support of the Australian Catholic Bishops, information, news and resources.

Faith and Light

www.faithandlight.org

Faith and Light is a community of persons with an intellectual disability, their families and friends, particularly young friends, who meet together on a regular basis in a Christian spirit, to share friendship, pray together, fiesta and celebrate life.

Aboriginal Catholic Ministry for Victoria

www.cam.org.au/acmv

ACM offers a resource inspired by the Gospel, committed to supporting Aboriginal and Torres Strait Islander people and work for reconciliation.

Catholic Youth Ministry

www.youthministry.catholic.org.au

The website for Catholic Youth Ministry at a national level, under the direction of the Bishops Commission for Pastoral Life. This includes the text of Anointed and Sent: An Australian Vision for Catholic Youth Ministry, National Support for youth ministry.

Xt3

www.xt3.com/

Award winning Catholic online network, providing an interactive social media platform for sharing videos, podcasts, articles and more. Enables youth and young adults to stay informed and in touch with Church news and events.

National Office for the Participation of Women

www.opw.catholic.org.au/

Includes free subscription to Women Matter E-News Produced by the Australian Bishops National Office for the Participation of Women. Sections: Prayer and Reflection, News, Resources.

menALIVE

www.menalive.org.au/

The purpose of menAlive is to bring men of all ages together, young and old, to renew their faith in God. Through a variety of events and programs, men are invited to explore what God would want for their lives and how they might come to experience the fullness of life that God wants for us all. For Sandhurst events see: www.sandhurst.catholic.org.au. Also see www.menalive.org.au/resources/podcasts/. Audio podcasts for Catholic men also available on iTunes.



CONNECT WITH YOUR PARISH COMMUNITY

www.sandhurst.catholic.org.au/index.php/parishes5

With 40 Parishes in the Sandhurst Diocese there are a number of ways you may like to consider being involved with your local community. A list of Parishes with contact details and Mass times can be found on the website listed.

Contact your local parish and have a chat, or call Sandhurst Youth Ministry or Sandhurst Adult Faith Education on 03 5441 2544.





CONNECT WITH YOUNG ADULTS

Sandhurst Youth Ministry

www.sym.org.au

www.facebook.com/SandhurstYouthMinistry

Sandhurst Youth Ministry has two full time workers who coordinate youth events across the Sandhurst Diocese including Stronger Rallies, Retreats and D Groups.

Contact Sandhurst Youth Ministry to find out what is happening near you, including Youth-led Masses across the Diocese, World Youth Day, the Australian Catholic Youth Festival, Stronger, YCS, and Outreach programs.

Contact: Danii Sullivan 0488 665 383

Youth Ministry Worker, Diocese of Sandhurst: Phone: 03 5445 3616

Email: Danielle.Sullivan@sandhurst.catholic.org.au

Stronger

www.strongeryouth.com

Stronger is a fun and faith-filled program where young people get together and celebrate their faith in Jesus Christ with one another. The program was founded in the Sandhurst Diocese in 2008 by the late Bishop of Sandhurst, Bishop Joseph Grech, and Fr Rob Galea. The mission of Stronger is to see: "Young people encountering Jesus Christ and His Church, becoming stronger to live as disciples who impact the world."

Stronger has a number of gatherings each year including:

Stronger Retreat:

The Stronger Retreat is a dynamic Catholic retreat held annually over a weekend in the Sandhurst Diocese for young people aged 16-26.

Stronger Rallies:

The Stronger Rallies currently attract about 150 young people for each event and are held in different locations around the Sandhurst Diocese about four times a year to provide secondary school students and young adults with the opportunity to gather to celebrate their faith through music, worship, talks and discussion.

D Groups:

The purpose of Stronger D (Discipleship) Groups is to build strong, faithful and informed disciples of Jesus Christ in the Church. The D Groups challenge young people to think about opinions, learn about themselves, and grow in their faith. D Groups are held in parishes across the Sandhurst Diocese.

Stronger LIVE:

Is open to young adults and takes place in pubs across the Diocese. A typical Stronger

Live event gathers young people together for good fellowship, live music from a local band and engaging guest speakers who discuss faith based topics that are relevant to young people.

Outreach:

The Stronger Outreach team travel to schools across the Diocese and encourage young people to explore their faith. If you wish to explore outreach opportunities with the Stronger Youth program, contact Sandhurst Youth Ministry on 03 5445 3616.



OTHER YOUNG ADULT MINISTRIES:

Melbourne Archdiocesan Office for Youth:

www.cam.org.au/youth

The Melbourne Archdiocesan Office for Youth (AOY) strives to inspire and engage young people in the life and mission of the Catholic Church within the Melbourne Archdiocese. The AOY team works in partnership with youth groups, schools, parishes and organisations to provide opportunities for young people to come together and celebrate their faith. If you're moving to Melbourne and want to link in with other young Catholics or find out what's going on, visit the website or call the AOY Office on 03 9287 5565.

Marist Youth Ministry (Young Adults)

www.maristyouthministry.com

Marist Youth Ministry is one of Australia's largest Catholic youth ministries, with a young adult presence in every major capital city across the country. We are committed to fostering communities of faith-filled young people who are ready to enact real change in their world and find a home in the Church. For more details, visit the website or find them on Facebook: www.facebook.com/maristyouthministrymelbourne

Young Christian Workers (YCW)

www.ycw.org.au

YCW is a movement run for, by, and with young people. YCW strives to serve, educate and represent young people by empowering them to be the change they want to be in their lives, communities, and the world; based on their values, beliefs and faith.

Vinnies Youth

www.vinnies.org.au

Vinnies Youth is the name for the inspiring young people who volunteer for the St Vincent de Paul Society Australia. There are thousands of young people who every day share their time, care for humanity and energy to make a difference in the lives of disadvantaged people around Australia.

University Chaplaincy

La Trobe University Bendigo, Victoria, Regional Catholic Co-Ordinator Trish Blanks
Mobile: 0402 248 095 Email: p.blanks@latrobe.edu.au



CONNECT THROUGH SOCIAL MEDIA

Stronger

www.facebook.com/StrongerYouth Twitter/Instagram: @StrongerYouth
www.strongeryouth.com To learn about Stronger, see page 5

Sandhurst Youth Ministry

www.facebook.com/SandhurstYouthMinistry Twitter/Instagram: @SandhurstYouth
www.sym.org.au

Sandhurst Youth Ministry has two full time workers who coordinate youth events across the Sandhurst Diocese including Stronger Rallies, Retreats and D Groups. Follow Sandhurst Youth Ministry to find out what is happening near you, including Youth-led Masses across the Diocese, World Youth Day, Stronger, YCS, and Outreach programs.

ACBC Youth Ministry

www.facebook.com/ACBCyouthministry

Australian Catholic Bishops Conference Bishops Commission for Pastoral Life: Youth Ministry. Resources and support for Catholic Youth Ministry in Australia

Other Facebook pages:

Catholic Diocese of Sandhurst
SandPiper Catholic Newspaper

Adult Faith Education Sandhurst
Archdiocesan Office For Youth

Twitter

If you tweet, there are a number of Catholics tweeting with you. Here are some people/organisations you may wish to follow.

@pontifex
@ACBCYouthMin
@CradioLimited

@StrongerYouth
@FrRobGalea
@FaithEdSandhurst

@FrChrisRyanMGL
@SandhurstYouth

Instagram

@SandhurstYouth
@wyd_en
@CaritasAust
@CatholicEarthcare

@StrongerYouth
@Xt3dotcom
@VinniesVictoria
@CathCareSand

@frrobalea
@LifeTeenAust
@CathSocSerVic

Cathnews

www.cathnews.com

Cathnews is a daily Catholic information service which reports Australian and international news. It offers links to sites offering resources for prayer and positions available within Catholic Church communities and organisations.

Xt3 (Christ in the third millennium)

www.xt3.com

Xt3 is more than a social network! It is an interactive social media platform for all your latest videos, podcasts, articles and much more. An award-winning Catholic online network, Xt3 will keep you in touch with Church news and events, keep you informed on all the hot topics and the latest on WYD2016.Xt3.

CRadio

www.cradio.org.au

CRadio is Australia's new Catholic media service, providing free access to a growing variety of Catholic programs, talks and music. Listen in via our 24-hour stream, subscribe to our podcasts or access new content online when and where you want it.

Apps

Bread4Today – Prayer App and Online

www.cssr.org.au/bread4today

Everyday language prayers. Also see 'Developing a Personal Prayer Life' below.

3 Minute Retreat – Prayer App and Online

www.loyolapress.com/3-minute-retreats-daily-online-prayer

Daily 3 minute 'retreats'. Also see 'Developing a Personal Prayer Life' page 16.

Pray as you go! – Prayer App and Online

www.pray-as-you-go.org

Daily prayer for listening via smartphone, iPad, at the computer, or via MP3 or WMA. Also see 'Developing a Personal Prayer Life' page 16..

Universalis

www.universalis.com

Main web page is useful but not well presented. However, click on link for excellent Apps (small cost) to access; daily Mass readings and prayers; Daily Prayer of the Church; feast days information.





Blogs

frchrisryanmgl.wordpress.com

Fr Chris Ryan MGL is a priest with the Missionaries of God's Love, an emerging congregation of priests and brothers. Fr Chris is an experienced youth worker, and the current rector of the MGL Seminary in Melbourne.

mattfradd.com

Mat Fradd is a Catholic apologist and speaker. Matt specialises in defending the Catholic faith: the existence of God; the historicity of Jesus; the truth claims of the Catholic Church. His hope is to do it in a relatable way that will help you learn the faith and defend it with charity and confidence.

bustedhalo.com

Busted Halo® Ministries helps young adults explore their spirituality, listen to and encourage one another, discover (or re-discover) the rich depths of Catholic tradition, and connect to communities of faith where their unique gifts will be respected and used, and where they will find support on their journey towards God.



CONNECT THROUGH ARTS AND MEDIA

[Fr Rob Galea](#)

www.frrobglea.com

Twitter: [@FrRobGalea](#)

Instagram: [@frrobglea](#)

www.facebook.com/FrRobGalea

Fr Rob Galea is a priest currently serving in the Sandhurst Diocese, co-founder of the Stronger Youth program, and an acclaimed musician and recording artist. Follow Fr Rob for Music resources, podcasts, information on upcoming events, online store and more, including prayer and liturgy.



Artes Christi Australia

www.arteschristi.org.au

ArtesChristi Australia Inc (ACA) is a Sydney based arts association focused on supporting Catholic and Christian communities. Projects include concerts, musicals and plays and services in the areas of artistic design, event management, media liaison and marketing to the Catholic and Christian community. Artes Christi's mission is 'to seek the Face of Christ through the arts'.



BECOMING CATHOLIC

Join the Catholic community (RCIA)

Becoming Catholic is a spiritual journey. There is a process called the 'Rite of Christian Initiation of Adults' (RCIA) which is about developing a closer relationship with God. It takes place in a parish community over about 12 months, depending on each individual's readiness. Contact a nearby parish to find out about a local RCIA process. Contact details for Sandhurst Diocese parishes:
Follow the Parishes link at www.sandhurst.catholic.org.

Receive Sacraments for the first time

Contact your local parish community to find out about pathways for baptized adults or young people to receive other Sacraments for the first time.



SOCIAL JUSTICE AND OUTREACH

Join or start a small group linked with one of the following

St Vincent De Paul Society of Australia Vinnies Youth

www.vinnies.org.au

Vinnies Youth is the name for the inspiring young people who volunteer for the St Vincent de Paul Society Australia. There are thousands of young people who every day share their time, care for humanity and energy to make a difference in the lives of disadvantaged people around Australia. Vinnies Youth takes part in a number of initiatives including organising kids days out and camps, and taking part in home visitations and soup kitchens. For details on how to get involved with Vinnies Youth, visit www.facebook.com/VinniesYouthVic/?fref=ts or call 03 9895 5840.

Caritas Australia

www.caritas.org.au

Caritas is a Catholic agency that helps people to help themselves, supporting long term development projects in impoverished communities. It is also part of Caritas Internationalis, one of the world's most effective emergency relief organisations. The site provides information on works, education, emergencies, current issues and how to help, Education resources, news and updates on development, aid and emergency assistance across the world.

Stronger D Groups

www.strongeryouth.com

The purpose of Stronger D (Discipleship) Groups is to build strong, faithful and informed disciples of Jesus Christ in the Church. The D Groups challenge young people to think about opinions, learn about themselves, and grow in their faith. D Groups are held in parishes across the Sandhurst Diocese. See page 5 for more information.

Catholic Earthcare Australia (CEA)

www.catholicearthcare.org.au

Catholic Earthcare Australia's mission is to help promote understanding among people that Creation is sacred and endangered, and must be protected and sustained for present and future generations yet unborn. Catholic Earthcare Australia is mandated, through the activities of research, education, advocacy and outreach to give leadership in responding to Pope John Paul II's call for an "ecological conversion" of the world's Catholics and Pope Francis call to all to Care for our Common Home in his recent encyclical "Laudato Si".

Australian Catholic Social Justice Council (ACSJC)

www.socialjustice.catholic.org.au

ACSJC was set up by the Australian Catholic Bishops Conference (ACBC) as the national justice and peace agency of the Catholic Church in Australia. It promotes research, education, advocacy and action on social justice, peace and human rights, integrating them deeply into the life of the whole Catholic community in Australia, and providing a credible Catholic voice on these matters in Australian society.

Australian Catholic Migrants & Refugees Office

www.acmro.catholic.org.au

An office established by the Australian Bishops to inform policy and action and to act as an official voice on national and international migrant and refugee issues. The late Bishop of Sandhurst, Bishop Joseph Grech, held this ministry close to his heart and was the Australian Catholic Bishops representative for this important work.

L'Arche

www.larche.org.au

Based on a fundamental belief in the dignity of every person, L'Arche aims to create communities which welcome people with an intellectual disability and those who choose to live with them, or support them. L'Arche also seeks to reveal the particular gifts of people with an intellectual disability. L'Arche relies on the generous gifts of involvement by many people. There are lots of options to 'get involved'. A L'Arche community has recently been established in Bendigo.

Institute of the Sisters of Mercy

www.institute.mercy.org.au

Supports local and overseas relief and development activities that are part of the vision and mission of the Institute of Sisters of Mercy of Australia.

Jesuit Social Services

www.jss.org.au

Jesuit Social Services (JSS) is a community of people, founded on Jesus' model of service in the Gospels and Catholic Social Teaching committed to expressing a faith that promotes justice and standing in solidarity with those in need. JSS offers practical programs of service, social action, advocacy and research, which include the most difficult areas of social disadvantage and need, on behalf of individuals, families and communities.

Rosies Oblate Youth Mission

www.rosiesvic.oblates.com.au

Rosies' "Friends on the Street" teams of 18 - 30 year-old volunteers operate a coffee bus offering friendship and hospitality, and a listening ear to the poor and abandoned who find themselves on the streets of Melbourne.

DISCERNING YOUR CALLING (VOCATION)

Vocation comes from the Latin Vocare: to call, and is a reflection of the belief that each person is created with dignity and a purpose. Each different vocation is a reflection of the impact that we are called to have on the world around us through our desires, talents, and actions. In discerning whether we are called to Marriage & Family, Vowed Religious Life, Priesthood or Committed Christian Single Life we are able to better understand ourselves and the ways God speaks to our heart.

Vocations to the Priesthood and Vowed Religious Life in the Sandhurst Diocese

'Vocations' link at: www.sandhurst.catholic.org.au

There are opportunities to explore possible vocations to the priesthood or religious life in the Sandhurst Diocese. Sandhurst Vocations Ministry Director and contact person: Fr Steve Bohan PP, PO Box 36, Yarrawonga 3730 Ph:03 5744 3030

All Vocations: Marriage, Priesthood, Vowed Religious Life, Committed Single Life

www.catholicozvocations.org.au

Catholic Vocations Ministry Australia (CVMA)

CVMA offers information, resources, prayer, reflection, useful links and Q & As regarding the vocations of priesthood, marriage and parenthood, vowed religious life and committed single life.



Evangelium evangelium.co

Evangelium strives to bring young Catholics (18-35) together to form them in faith, and develop strong friendships, with the hope that they can grow closer to Christ and deepen their relationship with him through Prayer, Formation and engagement with the traditions of the Catholic faith.

Marriage Preparation in the Parish

Contact your local parish priest or parish leader, for pre-marriage interviews, to share time with the priest exploring the sacramental nature of marriage, the meaning of commitment and to prepare the wedding liturgy. Participate in the FOCCUS experience (see below) and a Pre-Marriage Education programs exploring communication skills, problem solving strategies, marital goals and expectations, family background influences, staying close as a couple and much more.



CatholicCare Sandhurst – Relationships Education for Couples

www.ccds.org.au

CatholicCare offers interactive and informative workshops to assist couples to build strength in their relationship.

FOCCUS

FOCCUS is a process designed to assist couples communicate at a deeper level on expectations, family, friends, interests, religion, sexuality, relationship and communication skills. Participation in FOCCUS is available through CatholicCare and many local parishes. Contact CatholicCare: Email: email@ccds.org.au OR freecall 1800 461 444 OR call (03) 5438 1300.

Half Day Workshops for Couples

Half Day Workshops for couples planning marriage or committing to a long term relationship. Explores key relationship themes such as: family background, communication, dealing with differences and conflict, relationship choices and patterns. Couples gain insight into what is going well in their relationship, how they can build on their knowledge and skills, and learn from others in a non-threatening environment. Workshops are held quarterly in Shepparton and Bendigo. Email: email@ccds.org.au OR freecall 1800 461 444 OR call (03) 5438 1300. Address 176-178 McCrae Street Bendigo 3550.

Marriage Resource Centre (MRC)

www.marriageresourcecentre.org/

The Marriage Resource Centre has a core Catholic ethos. It aims to be a positive, solution-oriented organization with resources for Catholic Marriage Educators, Clergy and other parish leaders. It is developed and facilitated by trained couples who have walked the path of marriage. An Australian resource.

Smart Loving

www.smartloving.org/

'SmartLoving' from the Marriage Resource Centre offers resources to support couples in their commitment from the beginning and through life. Categories include: engagement and dating, marriage seminars and retreats, 'Break Through' workshop, Australia Stronger Relationships Trial, Smart Loving Basics, singles and dating, trust, spirituality, sex and fertility, Smart Loving SOS, resources and events. An Australian resource.

Ministry to the Newly Married

www.ministrytothenewlymarried.org

Marriage education cannot end with the wedding. It is a lifelong task. We continue to update our skills for most things in life: jobs, hobbies, sports. Well, why not continue to update our skills for marriage too? While Ministry to the Newly Married covers the first five years of marriage, it is necessary to join within your first year as the topics coincide with developments within the relationship, so we urge you to book as soon as possible, even before your wedding. Who are we? We are Catholic and inter-faith couples who have a special place in our hearts for newly marrieds. We have gathered together in order to help ourselves and others to have the best marriages possible. Contact: Maurie and Bernice Boland mnm@ministrytothenewlymarried.org

Australian Catholic Marriage and Family Council

www.acmfc.org.au/

Supported by the Australian Catholic Bishops, the ACMFC website offers resource kits, booklets and online Q & A: 'Getting Married in the Catholic Church': online Q & A.

Marriage Page

<http://brisbanecatholic.org.au/life/marriage/>

Archdiocese of Brisbane. Topics include: A Catholic Wedding, Catholic Wedding Structure, Preparing for Marriage, Frequently Asked Questions.

Catholic Engaged Encounter

www.engagedencounter.org

Catholic Engaged Encounter is an in-depth, private, personal, marriage preparation experience within the context of Catholic faith & values. Catholic Engaged Encounter is a weekend retreat away with other engaged couples with plenty of time alone together to dialogue honestly and intensively about their prospective lives together—their strengths & weaknesses, desires, ambitions, goals, their attitudes about money, sex, children, family, their role in the church and society—in a face to face way.

Worldwide Marriage Encounter Australia

www.wwme.org.au

Catholic Engaged Encounter and Worldwide Marriage Encounter offer weekend retreats to couples to provide guidance, formation, and encouragement.

Teams for Married Couples

www.teamsoceania.com.au

Teams is a lay movement within the Catholic Church that offers couples a chance to discover the Lord's presence in their marriage and to live in Christian fellowship with other couples as a way of giving thanks to God and bearing witness to Him in the world. To find out about 'Teams' across the Sandhurst Diocese contact: Fran and John Whelan E: jfbwhelan@aanet.com.au Ph: (03) 5441 1645.



DEVELOPING A PERSONAL PRAYER LIFE

Dipping in..... Bread4Today - Prayer App and Online

www.cssr.org.au/bread4today

Everyday language prayers with themes such as: Courage, A Just World, Relationships, Hope, Peace, Hard Times, God, Faith, Forgiveness, Special Intentions. Links to CathNews, Social Policy Connections, Redemptorists and Majellan Family Publications.

3 Minute Retreat - Prayer App and Online

www.loyolapress.com/3-minute-retreats-daily-online-prayer

Daily 3 minute retreats with beautiful images, music, short readings, prayer and reflection.

Sacred Space

www.sacredspace.ie

Make a 10 minute 'Sacred Space' with Scripture, reflection and prayer on your computer, tablet or smartphone. Produced by the Irish Jesuits.

Daily Prayer

www.pray.com.au/

Be led immediately through a few moments of quiet prayer for today. In the style of 'Sacred Space (above).

Diving deeper..... Pray as you go!

www.pray-as-you-go.org

Daily prayer for listening with a computer, MP3 player, tablet or smartphone. Scripture, reflection, quiet time, traditional or modern music for each day: Prayer to begin the day, 4 minute breathing and body exercises to assist calm and readiness for prayer and an 8 minute 'review' for the end of the day.

Taize

www.taize.fr/en

For decades, the ecumenical French Taize Christian community has drawn thousands of people, especially young adults, from all around the world to join in prayer and catechesis. Taize chants for Christian prayer are well known. 'Taize' prayer groups are active in many parts of the world. The 'Prayer and Song' link on the Taize home page, English language link, provides resources for prayer, including MP3, podcasts and reflections on topics such as; preparing a time of prayer, preparing a welcoming space for meditative prayer, meditative singing, the value of silence, icons in worship.

'Mass for You'

www.cathnews.com

'Mass on Demand' from St Mary's North Sydney (daily Mass that can be viewed any time) or view in real time with Mass streamed from Our Lady of the Rosary Cathedral, Waitara, NSW at 9.30 am daily.

'Just 1 Word' Catholic Bible Lite - Bible App

www.just1word.com

Open any book of the Bible. There are free English translations OR buy the 'New Revised Standard Version Catholic Edition' (NRSVCE) OR New American Bible Revised Edition (NABRE). Cost \$7.49 each. Change font size for easy reading.

Apostleship of Prayer

www.apostleshipofprayer.org

If you don't know what to pray for then join in the apostleship of Prayer. This

apostleship represents a network of people who join together in Gospel based prayer every day for the needs of the world, while also helping to spread the Gospel message by inviting others to pray.

Universalis

www.universalis.com

This website gives a link to an App which can be bought to provide Mass readings and prayers for each day that can be accessed offline. *Don't be daunted by webpage appearance! The App is very user friendly!



REFLECTION DAYS, RETREATS AND FESTIVALS

Watch for opportunities advertised through parishes and online via the Sandhurst Diocese website. Talk with the Sandhurst Youth Ministry team and Adult Faith Education Sandhurst about organising a mini retreat or retreat day for your group or region. Look out for programs organised by young adults networks in Sandhurst and other dioceses.

Stronger Retreat

www.strongeryouth.com

The Stronger Retreat is a dynamic Catholic retreat held annually over a weekend in the Sandhurst Diocese for young people aged 16-26.

Australian Catholic Youth Festival 2017

www.youthfestival.catholic.org.au/

The next Australian Catholic Youth Festival (ACYF), to be hosted in Sydney in December 2017, will launch a national Year of Youth, celebrating ten years since Australia hosted World Youth Day in 2008. The primary focus for the Year of Youth is the local faith community. Hosted by the Australian Catholic Bishops Conference (ACBC) to engage and empower young people in the life of the Catholic Church, the festival is expected to draw more than 4000 participants. For details on how to get involved, contact Sandhurst Youth Ministry on 03 5445 3615.

Australian Catholic Youth Ministry Convention

www.youthministry.catholic.org.au

The Australian Catholic Youth Ministry Convention (ACYMC) is held every two years and provides an opportunity for those working in the field of youth ministry to have professional and personal formation, and time for community, networking and discipleship.

Ignite Conference

www.new.igniteyouth.com/conference-2/

The Ignite Conference is a contemporary Catholic conference held annually in Brisbane for adults, students, children, ministry leaders, teachers, parents, priests and religious. It's about encountering Jesus Christ and the Church, experiencing dynamic faith, being equipped for ministry and living the Christian life, and being empowered to impact the Church and the world.

Daybreak - A Centre of Spirituality

www.daybreak.net.au

Retreats, spiritual direction and programs are open to all: An ecumenical centre - sharing different Christian traditions. 22 Lawson Street Spring Gully, Bendigo 3550 Ph: 03 5441 1814 Email: daybreak@bendigo.net.au

Campion Ignatian Spirituality and Retreat Centre

campion.asn.au

Campion offers a diversity of programs, including retreats, based on the spirituality of Saint Ignatius of Loyola (1491 - 1556), who developed his spirituality while a lay person. Today his approach continues to be effective for busy people in daily life. The Centre is dedicated to strengthening individuals in a quiet, peaceful environment that encourages reflection and growth in spirituality. There is a warm welcome and a comfortable, secure place to rest and pray.

Heart of Life Spirituality Centre

www.heartoflife.abundance.org.au

HOLSC is founded by the Missionaries of the Sacred Heart who are Inspired by God's love for all people, they offer retreats, seminars, workshops, ministry formation programs and spiritual direction. 96 Albion Rd Box Hill, Melb, Vic 3128 AUSTRALIA Ph: 03 9890 1101 Email: holsc@bigpond.com

St Mary's Towers Retreat Centre (NSW)

towersretreat.abundance.org.au/

A variety of retreats are offered in an atmosphere of profound contemplative silence situated in bush and pastureland near Sydney. The kindness of God finds expression in the spirit and life of this retreat centre hosted by the Missionaries of the Sacred Heart.

Australian Christian Meditation Community

christianmeditationaustralia.org

The ancient Christian tradition of meditating on a single sacred phrase (mantra), as a way of praying focused on simply 'being with' God, was revived by the English Benedictine monk, Dom John Main (1926-82) who established an ecumenical

Christian Meditation Centre in London (1975) and then, with Dom Laurence Freeman OSB, founded a meditation community for religious and lay people in a Montreal monastery (1977). The World Community for Christian Meditation is active throughout the world. The site provides information, resources and useful links.

Creighton University (US) Online Retreat for Everyday Life

onlineministries.creighton.edu/collaborativeministry/cmo-retreat.html

A 34 week online retreat for Everyday Life from the Ministry of the Collaborative Ministry Office at Creighton University and the Society of Jesus (Jesuits). This retreat, founded on openness and trust in God, is an experience of God's Grace in the midst of our busy lives. Week 1 may be commenced at any time. Weekly guides and resources may be listened to on CD or mp3 player. Also available at this site: Daily Reflections on the Stations of the Cross, Practical Spirituality, Spirituality Presentations.



IMMERSION AND PILGRIMAGE EXPERIENCES

World Youth Day 2019

A Victorian pilgrimage will take place to World Youth Day 2019 in Panama City, Panama. World Youth Day is an international gathering of young Catholics from across the world, which is usually held every three years. Those wishing to express interest in attending may contact Sandhurst Youth Ministry on 03 5445 3616 or for more details on WYD 2019 visit www.worldyouthday.com/panama-2019

Sandhurst Alternative Schoolies Immersion Experience

Contact: mcrowe@ceosand.catholic.edu.au

Ph: Sandhurst Catholic Education Office, Wangaratta 03 5723 0000

Focus on Social Justice: Year 12 students are eligible to apply for an amazing social justice immersion experience. The completion of some 13 years of Alternative Schoolies is a journey of solidarity with the people of one of our Asian neighbours. It will expand thinking, introduce a global world and provide an opportunity to take practical action to build a more equitable world.

Sandhurst Diocesan Pilgrimage

The next Sandhurst Diocesan Pilgrimage is expected to depart in September 2018 for approximately 16-17 days to sites of significance in Catholic faith, history and heritage. Details will be available towards the end of 2017 from: Sandhurst Adult Faith Education on 03 5441 2544 or adultfaith@sandhurst.catholic.org.au.

MISSION OPPORTUNITIES

NET Ministries

www.netministries.com.au/

Are you between 18 and 30 years of age? Are you excited about your faith? Do you have a desire to share the love of Jesus with others? We are looking for young men and women to dedicate a year of their lives to serve with NET Ministries in Australia, Canada, USA, and Ireland. For details or for more information, visit www.netministriesinternational.com or call 07 3217 5299.

Youth Mission Team Australia

www.ymt.com.au

Youth Mission Team Australia (YMT) is about empowering young people to live life to the full through personal relationship with God and a revelation of their own value. Focused on the character and faith development of teenagers, YMT facilitates powerful, energetic programs for schools and churches, as well as weekly youth groups and weekend camps. For details or for more information, visit www.ymt.com.au or call 02 4284 6600.





..... FURTHER STUDY





Personal Exploration
Catholic Australia, Youth and Young Adults
www.catholicaustralia.com.au

This site, an offshoot of Catholic Resources, sponsored by the Franciscan Friars, offers information & resources for Parish Based Youth Ministry, What Catholics Believe, Living the Faith, Evangelisation, the Church in Australia, Liturgy, Music & helpful links.

Guest Speakers, Workshops and Seminars
Adult Faith Education Sandhurst

www.sandhurst.catholic.org.au follow 'News and Events' and 'Directory' links.

An introduction to Catholic Faith, Scripture, Prayer and Spirituality, Catholic Social Teaching and more. Resources free to download. Information about Faith Education courses, seminars and diocesan events.

Faith & Understanding - Short Courses
'At Home With God's People'

www.bne.catholic.net.au/faithlife (Search for 'At Home With God's People')

This program, from Evangelisation Brisbane, is available as a low cost Participant's Book, providing an excellent resource for individual or small group study (with no assessment). The book presents a concise overview of the teachings of the Catholic Church. It may be used in a variety of ways to help deepen understanding of faith, deepen a relationship with God & provide helpful information for ministry & discipleship.

Catholic Enquiry Centre (CEC)
www.catholickenquiry.com

CEC was founded by the Australian Catholic Bishops' Conference for better knowledge of Christ and the Catholic Church in Australia. Information is provided for those searching for faith, for people of other religious backgrounds and interreligious understanding is promoted. An 18 part series of leaflets focused on the Catholic faith may be freely downloaded. Baptism and Wedding brochures explain the sacraments and what happens during the ceremonies.

Online learning with Boston Theological College - STM online
(formerly 'C21 Online')

www.bc.edu/schools/stm/crossroads/courses

Interactive online faith education short courses (2-4 weeks) on a variety of topics, developed by internationally recognised theologians. Courses are low cost. Certificates are awarded for participation via reading and short posts into group 'conversations'. No assignments.

STEP - Theology Online 'Satellite Theological Education Program'
University of Notre Dame (US) - Institute for Catholic Life
www.step.nd.edu/

STEP offers online theological education to adults across the US and beyond. Courses comprise a wide range of 6-7 week units at moderate cost. Units may be studied separately or in sets of required units with an assessed final assignment to achieve a 'Certificate of Catholic Theology' in Doctrine, History, Liturgy or Scripture. The Certificate of Catholic Theology program is open to anyone. STEP courses may suit those who are not looking for university level studies, or who may prefer a 'stepping stone' towards university studies later on.

University Studies
Catholic Theological College (CTC) - University of Divinity
www.ctc.edu.au

CTC is the theological college of the rural Victorian dioceses of Sandhurst, Ballarat and Sale with the Archdiocese of Melbourne. CTC, part of the Melbourne College of Divinity, shares the Church's mission to spread the Gospel, and provides academic formation for people committed to the Church's pastoral service. Awards open to all who successful VCE graduates: Diploma or Associate Diploma in Ministry, Diploma in Philosophy, Bachelor of Theology, Bachelor of Theology (Honours), Bachelor of Arts / Bachelor of Theology (combined degree with Monash University) and higher degrees. Commonwealth FEE-HELP is available. Contact: 03 9412 3333

CTC-Sandhurst Pastoral Ministry Formation Program
(Graduate Certificate in Theology) 2018 - 2019
www.ctc.edu.au

Presented in the Sandhurst Diocese by Catholic Theological College (CTC) - University of Divinity. Open to anyone who has a first degree in any specialisation OR who is able to demonstrate 'Professional Attainment' in ministry (ie. at least five year's involvement in voluntary or paid ministry/ies in parish(es) or Church agency/ies). The course offers foundations for Lay Pastoral Ministries such as Youth Ministry, Parish Pastoral Associates, Sacramental or Liturgy Team Leaders, Chaplains in hospitals and other settings, Educators and Catechists. It is expected that the next CTC-Sandhurst Graduate Certificate in Theology commence in February 2018. Participants will study 4 units over two years, supported by face-to-face teaching days in a central location of the Sandhurst Diocese - 4 days (2 weekends) for the first three units, and 6 days (3 weekends) for the final unit. A Graduate Certificate in Theology is awarded for successful completion of all 4 units. Commonwealth FEE HELP is available.

- 2018 Sacred Scripture: Foundations for Pastoral Ministry
- Foundational Theology for Pastoral Ministry
- 2019 The Christian Moral Life
- The Liturgy and Sacraments of the Catholic Church

'Expressions of Interest' are invited. For more information contact E: adultfaith@sandhurst.catholic.org.au Ph: 03 5441 2544 OR 03 9412 3333. Visit www.ctc.edu.au for information about Catholic Theological College, University of Divinity.

More options for university Theology studies
Yarra Theological Union (YTU) - University of Divinity
www.ytu.edu.au

YTU, part of the Melbourne College of Divinity, offers formation for many kinds of service in the Church. Awards include; Diploma or Advanced Diploma of Theology, Bachelor of Arts / Bachelor of Theology (Double Degree), Bachelor of Theology and Bachelor of Theology (Honours) and higher degrees. FEE HELP available. Contact 03 9890 3771; or 03 9898 2240.

Australian Catholic University (ACU)
www.acu.edu.au

ACU offers Theology and Philosophy courses in Ballarat or Melbourne. FEE HELP available. Contact: Ballarat Ph: 03 5336 5300 or Melbourne Ph: 03 9953 3000

The Broken Bay Institute (BBI) - University of Newcastle (UoN)
www.bbi.catholic.edu.au

Online studies in Theology, Pastoral Ministry, Spirituality and Philosophy in partnership with the University of Newcastle. As units are also credited with other universities, so studies begun while living at home could be completed in Melbourne at Catholic Theological College. Commonwealth FEE-HELP is available for all courses. Contact: 02 9847 0540

Visit: www.bbi.catholic.edu.au/academic-programs/
(Academic Programs, Broken Bay Institute)
www.newcastle.edu.au/degrees/bachelor-of-theology/handbook
(Bachelor of Theology, University of Newcastle)
www.newcastle.edu.au/programs/overview/master-theology
(Masters of Theology, University of Newcastle)

For the latest course information from the Sandhurst Diocese check:

www.sandhurst.catholic.org.au

'Directory' link and find Adult Faith Education Sandhurst on Facebook.

FIND A GOOD BOOK SHOP? BORROW RESOURCES?

Sandhurst Diocese Catholic Education Office Library Learning Centre
www.ceosand.catholic.edu.au/about-us/library-learning-centre-llc

Search the catalogue at: <http://web.ceosand.catholic.edu.au>

Borrow books, DVDs and music CDs. Register online or by mail to be eligible to borrow Faith Education resources. The Centre is open 8.30 am – 5.00 pm Monday to Friday (closed 12.00 – 1.00 pm) during school terms and on selected days during the last week of school holidays. Library Staff: Jenni Greblo & Jan Barber 120 Hargreaves Street, Bendigo Ph: 03 5442 6108 Fax: 03 5442 9463 Email: library@ceosand.catholic.edu.au

Pauline Books & Media

www.paulinebooks.com.au

7 Denmark Hill Road, East Hawthorn Vic 3123. Ph: 03 9882 3424 Fax: 03 9882 9614

Email: orders.melbourne@paulinebooks.com.au

Open Mon – Fri 9.00 am – 5.30 pm. Sat 9.00 am – 12.00 pm.

Garratt Publishing

www.garrattpublishing.com.au

32 Glenvale Crescent, Mulgrave Vic 3170 Ph: 03 8545 2911

Email: sales@garrattpublishing.com.au

Central Catholic Bookshop

www.catholicbookshop.com.au

322 Lonsdale Street, Melbourne, Vic 3000 Ph: 03 9639 0844 Fax: 03 9639 0879

Open 7 days per week.

Catholica Spiritual Marketplace (Willow Publishing)

www.catholica.com.au/marketplace/willow

Market Place connected to Catholica online journal. 'A marketplace exploration of Catholic Adult Spirituality, Theology and Faith in the spirit of the second Vatican Council. Marketplace of DVDs, CDs, books and music by artists such as; Fr Rob Galea, James Maher. Trisha Watts, Gabrielle Lord and many others.

Catholic Archdiocese of Brisbane

www.bne.catholic.net.au

Links to various resources, including 'Catholics and the Bible' found through this site.

Other websites worth checking out

Check Australian Catholic Dioceses and their Catholic Education Office websites for useful information and links.



FIND HELP AND SUPPORT?

CatholicCareSandhurst

www.ccds.org.au

CatholicCare is a professional social service fostering hope, growth and well being. Its aims are to empower individuals, couples and families and to build healthy communities through relationships, partnerships and collaboration.

CatholicCare Bendigo: 176-178 McCrae Street Bendigo 3550.

Ph: 03 5438 1300 or 03 5441 7713.

CatholicCare Shepparton: 68 Wyndham St Shepparton 3631

Ph: 03 5820 0444 or 03 5821 3774.

CatholicCare Echuca: 230 Anstruther St Echuca 3564. Ph: 03 5438 1300

Grow

www.grow.net.au

GROW is a mutual support self help network for those experiencing anxiety, depression etc. GROW is open to all irrespective of belief, race, colour or class. Groups meet in several towns across the Sandhurst Diocese. Ph: 1800 558 268

Gianna Centre

www.gianna.org.au

Free and confidential support service for mothers and fathers with pregnancy related issues. Topics include education, relationships, natural fertility control. Address: Victoria Lane, Pall Mall Bendigo PO Box 1132 Bendigo Central 3552 Victoria Australia Phone: 03 5442 4644 Mobile: 0417 392 255 (Admin) Mobile: 0419 496 443 (Client support) Email: giannacentre@bigpond.com.

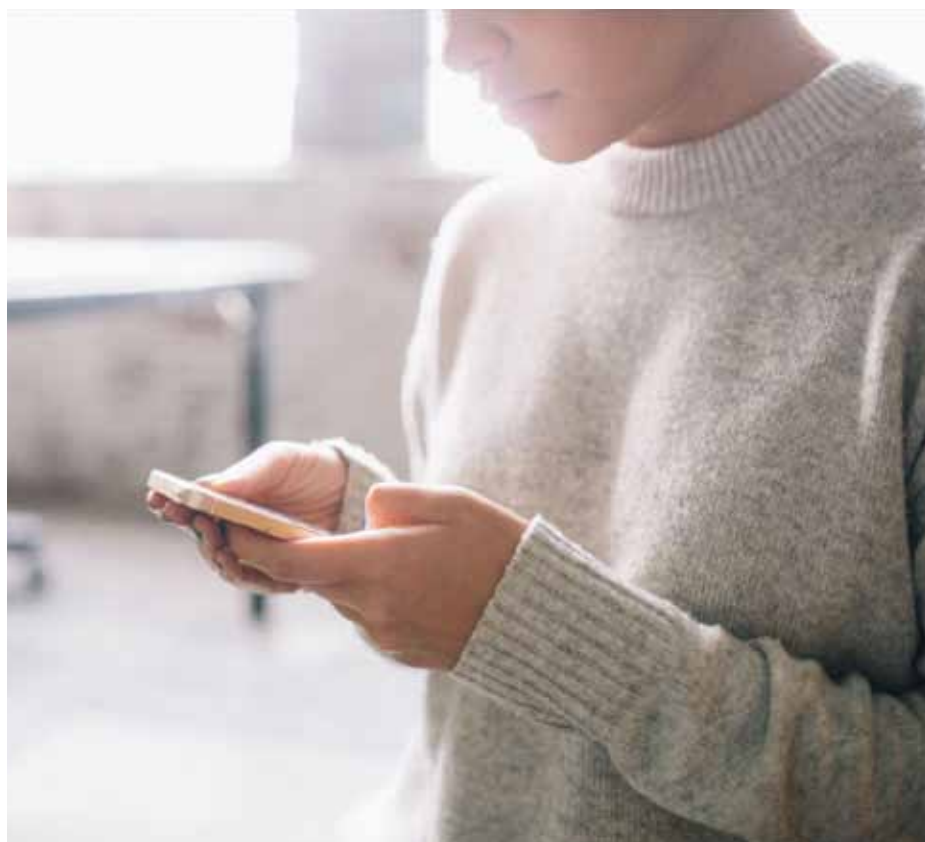
Office Hours: Monday: 10:00 am - 2:00 pm Tuesday: Closed Wednesday: 9.30 am - 2.00 pm Thursday: 10:00 am – 12.30 pm Friday: Closed

Chaplains Offices at Universities or TAFEs:

Check contact details for each institution.

La Trobe University Regional Catholic Co-Ordinator

Trish Blanks Mobile: 0402 248 095 Email: p.blanks@latrobe.edu.au



This “Pathways” document is presented by:

Sandhurst Diocesan Chancery

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Fax: 03 5441 8275

Web: www.sandhurst.catholic.org.au

Sandhurst Youth Ministry

Danielle Sullivan

Catholic Diocese of Sandhurst Youth Ministry Worker

Phone: 03 5445 3616

Mobile: 0488 665 383

Email: Danielle.Sullivan@sandhurst.catholic.org.au

Web: www.sym.org.au

Adult Faith Education Sandhurst

Lyn Breen

Adult Faith Education Co-Ordinator

Catholic Diocese of Sandhurst

Phone: 03 5441 2544

Mobile: 0400 679 874

Email: adultfaith@sandhurst.catholic.org.au

Web: www.sandhurst.catholic.org.au

and follow ‘Directory’ to Adult Faith Education



CATHOLIC DIOCESE OF SANDHURST