

A photograph of a garden path made of dark, circular stepping stones. The path is lined with vibrant red tulips on the right and pink cherry blossoms on the left. The background is filled with more trees and flowers, creating a lush, colorful scene.

Pathways for Seniors

Catholic Diocese of Sandhurst
2019-2020

Introduction

Welcome to 'Pathways for Seniors'.

This document contains information...

Green text means that it is an active link to the listed site: e.g. [Taize](#)

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1 The Gift of Years

Articles, Reflections & Information

- **Last Vocation: To Grow Old Gracefully**
- **Spirituality of Ageing, Sr Patty Fawkner**
- **Embracing Life's Second Act**
- **Faith in Older People**
- **Growing older gracefully**
- **The Centre for Action and Contemplation, Fr Richard Rohr OFM.**
- **Articles about many aspects of life, faith and spirituality.**
- **Fr Ronald Rolheiser OMI**
- **Weekly reflections on life, faith and spirituality.**
- **The Blessings of Ageing US Catholic Bishops**
- **The 7 Blessings That Come with Aging, Joan Chittister**
- **Navigating the Aging Process: Senior Information & Directory - 'Spirituality and Aging'**

Pope Francis: Mission of Older People in the World

- **The Family 6. The elderly, General Audience, Pope Francis (2015)**
- **The Family 7. The grandparents, Pope Francis (2015)**
- **'Meeting of the Pope with the Elderly', Pope Francis (2014)**

Videos Online

- **Old Age Is a Time of Grace, Pope Francis** (watch the video and read the article in English)
- **The Gift of Years Part 1, Joan Chittister** speaks of wisdom, graceful aging
- **The Gift of Years Part 2, Joan Chittister**
- **Growing Older Gracefully by a Catholic Priest**
- **A Cardinal's Perspective on Aging, Part 1 Aging Gracefully**

Books

- **10 books on spirituality and ageing** (ecumenical)
- **The Gift of Years Growing Older Gracefully** Joan Chittister
- **A Place at the Table: Social Justice in an Aging Society, Australian Catholic Bishops** (Search for 'Social Justice Statement 2016')

2 Living Faith, Spirituality & Prayer

Quick Access

- **Bread4Today**
Prayer App and Online
Everyday language prayers: Courage, A Just World, Relationships, Hope, Peace, Hard Times, God, Faith, Forgiveness, Special Intentions. Useful Links.
- **3 Minute Retreat**
Prayer App and online. Search for the App by name.
Daily 3 minute retreat with a short reading, prayer and reflection from Loyola Press.
- **Sacred Space**
'Sacred Space' with Scripture, reflection and prayer for computer, tablet, smartphone.
From the Irish Jesuits.
- **Daily Prayer**
Be led immediately through a few moments of quiet prayer for today. In the style of 'Sacred Space (above).
- **Universalis**
Main web page is useful but not easy to read. However, click on link for excellent Apps (small cost) for: Daily Mass readings & prayers, Prayer of the Church, feast days etc.
- **Along the Track**
One page reflections on faith and life, from Jim Quillinan of the Sale Diocese, published fortnightly.

Mass Online

- **'Mass for You'**
Daily 'Mass on Demand' from St Mary's North Sydney (viewed at any time) or view in real time with Mass streamed from Our Lady of the Rosary Cathedral, Waitara, NSW at 9.30 am daily.
- **'Mass for You at Home'**
Sunday Mass. Watch when Mass is celebrated at 6 am on Sunday or at any time.

When You Have More Time

- **Shalom World TV** (US with some Australian content)
Short Videos, Conferences, Devotionals, Talks/Interviews, Children's programs, Events Video Live Streaming. For Australia's Proclaim 2018 Conference keynote talks search for 'Proclaim 2018.'
- **'Just 1 Word' Catholic Bible Lite**
Bible App Bibles - different translations.
Open any book of the Bible. Free English translations OR buy the 'New Revised Standard Version Catholic Edition' (NRSVCE) OR New American Bible Revised Edn (NABRE). Low cost. Change font for easy reading.
- **Ignatian Spirituality**
Online Retreats, Prayers & resources.

- **Sisters of St Joseph**
Resources for Spirituality and Prayer.
- **Monasteries of the Heart**
Free weekly practices to help you develop a monastic spirituality—prayer, lectio (reflective reading), good works, study and community. Join a worldwide Benedictine community whose members discuss meaningful issues and are intent on impacting the times.
- **Contemplative Outreach Community**
Resources for different styles of prayer, including ‘Lectio Divina’ and ‘Centering Prayer’.
- **Taize**
Prayer based on the famous ‘Taize’ chants, shared by people of different Christian traditions.
- **Australian Christian Meditation Community**
World Community for Christian Meditation. Guidance, information & resource links. Drawn from Benedictine prayer traditions.
- **‘Discerning Hearts’ Catholic podcasts**
Spiritual Formation, Prayers, Devotions, Sacred Scripture, Church History, Apologetics, Catholic Social Teaching, Mary, the Saints.

Retreats online

- **Monasteries of the Heart**
Includes online retreats (and see above)
- **Online Retreat in Everyday Life**
- **Online Retreats from ‘Catholics On Call’**
- **An Ignatian Prayer Adventure**

Retreat Centres

- **Campion Ignatian Spirituality & Retreat Centre, Kew Victoria**
Ph: 03 9854 8110 Email: secretary@campion.asn.au Address: 99 Studley Park Rd, Kew VIC 3101 (Entry via Hodgson St.) Facebook: www.facebook.com/CampionCentre/. Quiet, peaceful environment to encourage reflection and growth in spirituality. A warm welcome and secure place to rest and pray.
- **St Mary’s Towers Retreat Centre, Douglas Park NSW**
Ph: 02 4630 0233 (answering machine after hours) Email: towersretreat@bigpond.com Address: P.O. Box 19a Douglas Park NSW 2569. Programs include: Life’s Healing Journey, The Gift of Ageing, Living into Death, Dying into Life, Praying our Life - Mind, Heart and Body, “Come to me and find rest for your soul” .
- **Jamberoo Abbey, Jamberoo NSW**
Ph: 02 42360628 Email: benedictineabbey@bigpond.com FB: www.facebook.com/jamberooabbey/ Address: 695 Jamberoo Mountain Road Jamberoo New South Wales 2533 Australia - A place where people can find peace through silence, nature, open spaces and prayer.

3 Grandparents or Other Senior Family Members

Grandparents

- **‘Grandparents Kits’**
Australian Catholic Marriage and Family Council
Past editions 2012, 2014, 2015 have continued relevance.
- **Our Sunday Visitor - Resources for Catholic Grandparents**
Type ‘Grandparents’ in the ‘Search’ box for free reading resources or book order.
- **Catholic Grandparents Association (Ireland) webpage**
- **Catholic Grandparents Association (Ireland) Facebook**
Resources for grandparents and other older family members.
Irish resources may need adaptation for Australian contexts.

Supporting Families

- **CatholicCare Sandhurst**
Bendigo Head Office 176 - 178 McCrae Street, Bendigo Vic 3550
Phone: 03 5438 1300 or 1800 461 444 Email: email@ccds.org.au
Echuca Office 189A Annesley Street Echuca Vic 3564 Phone: 03 5820 0444
Shepparton Office 68 Wyndham Street Shepparton Vic 3630
Phone: 03 5820 0444 or 1300 273 528 Email: shep@ccds.org.au
Newsletter for families and those who support them.
- **Mf Majellan Family App**
Articles and other resources regularly updated for families

Supporting Faith Journeys

Resources, Activities , Videos

- **Loyola Press**
(Loyola Jesuits, Chicago Detroit)
Sunday Connection, Gospel resources for children of different ages. Lessons for children 1-8. Free resources plus items to buy (Watch overseas post costs if buying anything!)
- **Sermons 4 Kids (US - Ecumenical)**
Scripture stories, forums, activities such as colouring-in sheets, suited to children of various ages
- **JClub for Kids - Daughters of St. Paul (US)**
Free resources for kids plus bookshop (Watch overseas post costs if buying anything!)
- **We Believe - Sadlier Resources for Children.**
Sadlier Publishing free resources (+ items for purchase). ‘This Week’s Liturgy’ to help explain Sunday readings. Good for older children. (Watch overseas post costs if buying anything!)
- **‘Jesus Film Collection’ Videos from Jesus Film Media. Free App and online.**
Jesus’ story in a full length movie and movie clips, including stories for children.
- **‘Gospel Ministry Resources Collection’ Videos from Max7**
Free short animated Gospel story videos.



Children Receiving First Sacraments

- **Baptism** (short video)
- Confirmation (short video)
- **Eucharist** ('Holy Communion' - short video)
- **Penance** ('Reconciliation' or 'Confession' - short video)
- **'Becoming Catholic' Book**

A Parent's Guide to Baptism, Confirmation, Eucharist and Reconciliation, by Kathy Horan, 2014. Garratt Publishing. Ph: 1300 650 878 Email: sales@garrattpublishing.com.au OR Pauline Books www.stpauls.com.au/

4 Social Media & Resources

Facebook

Pages to 'Like'

- **Catholic Diocese of Sandhurst**
- **Adult Faith Education Sandhurst**
- **Australian Catholic Bishops Conference**
- **Australian Catholics Magazine**
- **CathNews**
- **MenAlive**
- **Catholic Women's League of Victoria and Wagga Wagga**
- **Catholic Grandparents Association**

Twitter

Church News

- **Pope Francis @pontifex**
- **Vatican News @news_va_en**
- **Australian Catholic Bishops Commission @ACBC1**
- **CN CathNews @CathNews**
- **Thinking Faith @ThinkingFaith**
- **Eureka Street @EurekaStreet**
- **The_Tablet @The_Tablet**
- **Truth, Justice & Healing @TJHCouncil**

Scripture, Prayer, Liturgy

- **Universalis @CatholicFeasts**
- **Bread 4 Today @bread4today**
- **Daily Bible Verse @Daily_Bible**
- **Loyola Press @loyolapress**
- **Faith Education Sandhurst @FaithEdSandhurst**

Reaching Out

- **Caritas Australia @CaritasAust**
- **Vinnies Victoria @VinniesVictoria**
- **Jesuit Social Services @JesuitSocialSer**
- **Cath Social Serv Vic @CathSocSerVic**

Women

- **Catholic Women's League Victoria and Wagga @CWL_VIC_Wagga**
- **Australia @CWL Australia**

Borrow or Buy a Good Book or DVD

- **Sandhurst Diocese Library Learning Centre (Catholic Education Office)**
Go to 'About' then 'Library Learning Centre' and 'Catalogue' link.
Ph: 03 5442 6108 Email: library@ceosand.catholic.edu.au Address:
Borrow books, DVDs and music CDs. Register as borrower online or by mail.
Open 8.30 am - 5.00 pm Monday to Friday (closed 12.00 - 1.00 pm).
Some days last week of school holidays.
- **Pauline Books & Media**
Ph: (03) 9882 3424 Email: orders.melbourne@paulinebooks.com.au
Address: 7 Denmark Hill Road, East Hawthorn Vic 3123.
- **Central Catholic Bookshop**
Ph: (03) 9639 0844. Address: 322 Lonsdale Street, Melbourne, Vic 3000. Open 7 days.
- **Garratt Publishing**
Ph: 03 8545 2911 Email: sales@garrattpublishing.com.au
Address: 32 Glenvale Crescent, Mulgrave Vic 3170
- **ACBC (Australian Catholic Bishops' Commission) Bookshop**
- **Evangelisation Brisbane**
- **Liturgy Brisbane Shop**
- **Catholic Enquiry Centre**

5 Community Connections

Catholic Community

- **A Parish Community**

Choose 'Parishes'

Ph: 03 5441 2544 Email: chancery@sandhurst.catholic.org.au

Find Parish contact details and Mass times on the website or call to ask.

- **Catholic Diocese of Sandhurst**

Ph: 03 5441 2544 Email: chancery@sandhurst.catholic.org.au Address: PO Box 201, Bendigo 3552 /174 McCrae St. Homepage for the Diocese of Sandhurst, providing news and information about the diocese, its parishes, organisations, contacts, news, events, resources.

- **'Sandpiper' Sandhurst Diocese newspaper**

The Sandpiper is the newspaper of the Catholic Diocese of Sandhurst, produced monthly (except January). View 'flipping book' online or pick up a paper from a local church foyer.

- **Australian Catholic Bishops Conference**

Australian Church information, news and resources.

- **Catholic Australia**

The Bible, Who is Jesus? What Catholics Believe, Aussie Bible Readings & meditation, 'Lectio Divina', Church in Australia, Sacraments, Liturgy, Spirituality, Prayer, Living the Faith, News & Current Issues, Mission, Youth and Young Adults.

- **Catholic Enquiry Centre (CEC)**

Ph: 1300 4FAITH (1300 432 484) Address: GPO Box 368, Canberra ACT 2601, Australia Australian Catholic Bishops' Conference outreach for better knowledge of Christ, Catholic faith, the Catholic Church in Australia and promotion of inter-religious understanding. Resources, links.

- **CathNews**

Daily Catholic information service reporting Australian and international news. Links to resources for prayer. Positions available within Catholic Church communities and organisations.

- **Faith and Light (International)**

- **Faith and Light Australia**

Community of persons with an intellectual disability, their families and friends, who meet on a regular basis in a Christian spirit, to share friendship, pray together, fiesta and celebrate life.

- **Aboriginal Catholic Ministry for Victoria**

Ph: 03 9480 3849 Email: Sherry.balcombe@cam.org.au Address: PO Box 1088, Thornbury 3071

Support for Aboriginal and Torres Strait Islander people and work for reconciliation.

- **National Office for the Participation of Women**

Ph: 02 6201 9864 Address: GPO Box 368 Canberra ACT 2601 Australia

An initiative of the Australian Catholic Bishops Conference to promote participation of women in the Catholic Church in Australia, in decision-making, leadership and ministry, to ensure women's voices are heard. Includes free Women Matter e-News, Prayer, Reflection, News, Resources.

- **Catholic Women's League of Victoria and Wagga Wagga**
CWL members endeavour to change world affairs through prayer and action, submissions to governments, assistance for women and children in times of need. Contact: Mary Glowrey House, 132-134 Nicholson Street, Fitzroy, Victoria 3065, Australia. Phone: (03) 9417 3379 or contact local parish for your area. E: president@cwlvicww.org.au; secretary@cwlvicww.org.au
- **menALIVE**
Men of all ages come together to explore everyday faith and life. Phone: 07 3367 1402 Address: Post Box 569 Paddington 4064 Email: mail@menalive.org.au See also Sandhurst 'News and Events': www.sandhurst.catholic.org.au. Podcasts: www.menalive.org.au/resources/podcasts/.
- **Catholics Returning Home**
Check if a local parish has a 'Catholics Returning Home' program, or ask a parish for support.

Social Justice & Outreach

- **St Vincent de Paul Society**
Gospel inspired Catholic organisation serving Christ in others with love, respect, justice, hope and joy, and working to shape a more just and compassionate society. Ph: 03 9895 5800 Email info@svdp-vic.org.au Address: Locked Bag 4800, Box Hill Vic 3128. Welfare Inquiries for this region: Bendigo Ph: 03 5443 0240 Email: compeer.bendigo@svdp-vic.org.au
- **Caritas Australia**
Helps people to help themselves - regardless of ethnicity, religion or political beliefs. Emergency assistance and long term development projects in Africa, Asia, Latin America, Indigenous Australia and the Pacific. Helps oppressed people to rediscover their dignity by taking greater control over their lives and overcoming poverty. Site also has education resources, news and how to help. Phone: Toll Free 1800 024 413
- **Global Catholic Climate Movement**
GCCM is a worldwide movement, with Pope Francis' support, to care for our common home, by prayer, living simply and taking action.
- **Earthlinking**
Earth Link is a community focused on a world where there is respect, reverence and care for the whole Earth community, endorsed by the Sisters of Mercy, and open to all. Mercy network Newsletter: Respect & Reverence for Earth and human wellbeing.
- **Australian Catholic Social Justice Council (ACSJC)**
Ph: (02) 8306 3499 Address: Caritas Australia House, PO Box 7246 Alexandria NSW 2015 Australia. National justice and peace agency of the Catholic Church in Australia. Promotes research, education, advocacy and action on social justice, peace and human rights.
- **Australian Catholic Migrants & Refugees Office**
Ph: (02) 6201 9848 Email: info@acmro.catholic.org.au Address: GPO Box 2720, Canberra ACT 2601. Established by the Australian Bishops to inform policy and action and to act as an official voice on national and international migrant and refugee issues.

- **Eureka Street**
Australian Jesuits publication: Articles on issues of current interest.
- **Plenary Council 2020-2021**
Sandhurst Diocese Select 'Plenary Council 2020'
Pope Francis approved the Australian Bishop's decision to hold a Plenary Council in Australia in 2020 and 2021, a gathering of representatives of a national Church to prayerfully consider its future. Check Plenary Council news and events via webpages, parish bulletins and social media.

6 Learn More About Faith

Quick Access

- Text

More about Faith

- **'At Home With God's People'**
Ph: 07 3324 3440 Email: eb@bne.catholic.net.au Address: GPO Box 282 Brisbane Qld 4001
Go to 'Resources' (Look for 'At Home With God's People' in online shop). The 'Participant's Book' offers an excellent, easy to read, low cost concise overview of teachings of the Catholic Church. Low cost 'Participant's Book' for individual reading or small group discussion.
- **Evangelisation Brisbane**
See 'Broader Church', 'Resources' links for free online resources, information and teaching videos including 'Living Biblically in a Secular World' talks series by Archbishop Mark Coleridge. Ph: 07 3324 3440 E: eb@bne.catholic.net.au Address: Brisbane GPO Box 282 Brisbane Qld 4001
- **Busted Halo**
Resources to explore the Catholic tradition.
- **Adult Faith Education Sandhurst** (Follow 'Directory' & 'Adult Faith Education' links).
P.O. Box 201 Bendigo Vic 3552 Tel: 03 5441 2544 E:adultfaith@sandhurst.catholic.org.au
Introduction to: Catholic Faith, Scripture, Prayer and Spirituality, Catholic Social Teaching and more. Free resources. Faith Education courses, seminars and diocesan events information.
- **Catholic Enquiry Centre (CEC, Sydney)**
Ph: 1300 4 FAITH (1300 432 484). 18 part series of leaflets focused on the Catholic faith free to download. Baptism and Wedding brochures to explain the Sacraments and what happens during the ceremonies.
- **Thinking Faith**
Online journal of the Jesuits in Britain exploring theology, scripture, news, contemporary life.

- **“The Journey” Catholic Radio Podcast**
Weekly program developed by the Catholic Diocese of Wollongong aired on Christian radio stations around Australia. Subscribe for each week’s show to be emailed to you to play on your computer or mobile devices.

Sunday Scriptures

- **Fr. John McKinnon**
Fr John, priest of the Ballarat Diocese, offers resources for your faith journey, including Gospel reflections and homilies.
- **Fr Michael Fallon MSC**
This site brings together audio recordings (and some text files) of Fr Michael’s lectures on the Scriptures of the Newer and the Older Testaments and many topics linked to faith and life.
- **Sr Veronica Lawson RSM Search for ‘Reflections on the Sunday Gospels’**
Sr Veronica regularly offers biblical workshops and lectures. This site offers Sunday Gospel reflections through the year.

Vatican II Council (and why it is still relevant today)

Videos

- **Vatican II and the Church’s Mission Fr Steven Bevans** (7 + minutes)
- **Bishop Robert Barron and the Meaning of Vatican II** (10 + minutes)
- **Foundations in Vatican II with Fr Max Vodola** (1 ½ hours)
- **How the Vatican II Council Came to Be** (from Pope John XXIII’s secretary) (4+ mins)

Reading

- **16 Books of the Vatican II Council - Quick Reference Guide**
- **Vatican II - Teachings of Vatican II, Voice of the Church**
- **A Friendly Guide to Vatican II book by Fr Max Vodola.**
Book from Garratt Publishing. Free Call: 1300 650 878 Ph: (03) 8545 2911 Email: sales@garrattpublishing.com.au. Address: 32 Glenvale Crescent Mulgrave VIC 3170 Australia Mail: Private Bag 400 Mulgrave VIC 3170

Pope Francis and Vatican II

- **Pope Francis ‘Pope urges theologians to be ‘faithful, anchored’ to Vatican II’**
- **How Pope Francis is Bringing to Life the Vision of Vatican II, Fr Max Vodola.**
Talk given in the Sandhurst Diocese 2014 (1hr 20mins)

When You Have Time

Short courses online

- **Boston College School of Theology & Ministry - STM Online**
Online short courses in: Scripture, Themes from Christian Tradition, Sacraments & Liturgy, the Moral Life, Prayer and Spirituality. Optional ‘certificate programs.
- **STEP: Theology Online ‘Satellite Theological Education Program’**
Online theology units (6-7 weeks) from the University of Notre Dame US, for adults in the US and beyond. Separate units or certificate courses. Moderate cost.



- **Dayton University: Virtual Learning Community for Faith Formation (VLCFF)**
Online short courses from a US Marianist University open to all. Scripture, Theology, Church History, Morality, Social Justice, Liturgy, Spirituality, Youth Ministry and more. Moderate cost.

Bible Study (Free online - choose one that suits you)

- **The Great Adventure - Bible Study**
Study program to help Catholics grow in understanding the Bible and how it applies to daily life. Some free articles and downloads. Option to buy booklets (*check international postage rates).
- **Walking With Purpose**
Bible study program for women, linking everyday challenges with Catholic Teaching. Booklets to buy (*check international postage rates). Some free articles and downloads.
- **Beginning Catholic**
Information, resources, including Bible study, for new and continuing Catholics, free or purchase.
- **Agape Catholic Bible Study**
- **Bible Study for Catholics**
- **St Paul Center (US) - free online courses**
Free audio and video Scripture courses
- **Albany Catholic Digital Library**
Bible Study Resources including options to introduce children and teens, and adults, to the Bible.
- **Catholic Bible Study Online**
- **Catholic Bible School of Michigan (US)**

Online Distance Education

- **The Broken Bay Institute (BBI)**
Online short or university level studies in Theology, Pastoral Ministry, Spirituality, Philosophy.

Face to Face

- **Catholic Theological College Melbourne**
Short courses and university level studies in theology and related areas or units to audit (no assessment) for personal or professional enrichment. Some units are taught in intensive mode, making it easier for those who work part-time or who live some distance from CTC.
- **Australian Catholic University (ACU)**

Interesting Sites

- **The Holy Land (Israel)**
Photographic tour of the Holy Land with the Israel Nature and Parks Authority
- **The Vatican**
Follow links to the Vatican Museum and Virtual Tours.

7 Help & Support

- **CatholicCare Sandhurst**

A professional social service to empower individuals, couples and families and to build healthy communities through relationships, partnerships and collaboration.

Bendigo: 176-178 McCrae Street Bendigo 3550. Ph: 03 5438 1300 or 03 5441 7713.

Shepparton: 68 Wyndham St Shepparton 3631. Ph: 03 5820 0444 or 03 5821 3774.

Echuca: 230 Anstruther St Echuca 3564. Ph: 03 5438 1300

- **Healing and Support**

Reflection on Sacraments of Reconciliation and Anointing, importance of pastoral care, needs of those whose marriages have collapsed, bereavement, ministry to the sick, suffering, aging.

- **Mercy Health Homecare Services - Southern Cross Care Victoria**

Phone: 1300 478 776

A not-for-profit aged care provider, formed by the joining of Southern Cross Care (Vic) and Mercy Health in 2017 offering compassionate care for older persons and their families.

- **St Vincent de Paul Society**

General Inquiries Victoria 'Phone: 03 9895 5800.

Check website or your local 'phone directory.

- **Villa Maria**

Phone: 1800 036 377.

Villa Maria Catholic Homes (VMCH) work in partnership with people of all ages and abilities to help them achieve their goals and dreams, remain connected communities and enjoy independence.

- **Catholic Health Australia Select 'Aged Care Update' (right of page)**

Address: PO Box 245 Civic Square, ACT 2608

Ph: 02 6203 2777

Represents health, community and aged care services in the Catholic sector across Australia.

- **Grow - Mental Wellness Programs**

Ph: 1800 558268

Mutual support self-help network for those experiencing anxiety, depression etc. Open to all irrespective of belief, race, colour or class. Groups meet in some local towns.



8 The Sacrament of Anointing the Sick

- **The Anointing of the Sick - What the Catechism Says**
- **Anointing of the Sick - Questions and Answers**

9 Journey Home to God

- **The Art of Dying Well**
An easy to access resource from the Catholic Church of England and Wales. It offers articles, podcasts and videos for those facing the end of life journey, for themselves or for others.
- **Spiritual care at the end of life 'The Conversation'**
- **Advanced Care Planning - Victoria**
Advanced Care Planning guidance and forms.

Compiled by
Adult Faith Education Sandhurst

Catholic Diocese of Sandhurst

Phone: 03 5441 2544

Mobile: 0400 679 874

Email: adultfaith@sandhurst.catholic.org.au

Web: www.sandhurst.catholic.org.au

and follow 'Directory' to Adult Faith Education

APRIL 2019



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