

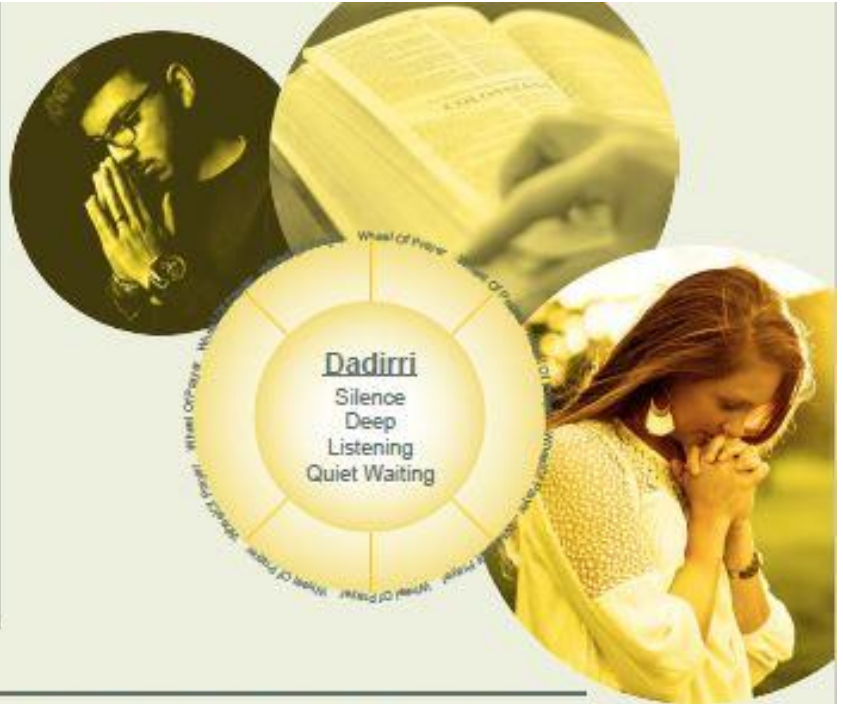
A day to help us to grow in awareness of different prayer forms and a contemplative sense of community, as we continue our journey towards Plenary Council 2020.

The symbol of our day is a wheel with 8 spokes representing 8 classic prayer forms from the rich Christian tradition. The list of prayer forms is illustrative of this rich contemplative tradition rather than exhaustive of the tradition. Stillness is at the centre of the wheel, expressed by the beautiful Aboriginal term, DADIRRI, which means deep listening, inner stillness, quiet and waiting.

Saturday August 3 2019

10.00 am – 3.30 pm
Mons Peter Jeffery Parish Centre
Knight Street, SHEPPARTON

RSVP by Friday 5th July 2019 to:
The Sandhurst Diocese Chancery
Ph: 03 5441 2544 or
Adult Faith Education Sandhurst
E: adultfaith@sandhurst.catholic.org.au



WHEEL OF PRAYER DAY

You are invited to choose 4 prayer forms: 2 morning and 2 afternoon workshops that you can explore.

A CHRISTIAN MEDITATION in the Benedictine John Main OSB tradition B PRAISE AND WORSHIP
C DEVOTIONS Divine Mercy and Marian Devotions D LECTIO DIVINA 'SACRED READING' E PRAYING WITH SCRIPTURE
IGNATIAN PRAYER F PRAYING THE ROSARY – 2 WAYS G CHARISMATIC PRAYER H TAIZE PRAYER

(Please note: Lunch provided. Also: Workshop B Praise & Worship will not go ahead for this day)

PROGRAM

10.00 am	Gathering Prayer - Introductions Introductory Reflection Bishop Les Tomlinson		
WORKSHOP 1 10.30 – 11.15 am	F Praying the Rosary Bishop Les	E Praying With Scripture Lyn Breen	D Lectio Divina Mary Murphy
WORKSHOP 2 11.30am-12.15pm	A Christian Meditation Fr Michael Grace	C Devotions Fr Peter Ferwerda	H Taize Prayer Ruth Lawlor
12.15 pm.	LUNCH		
WORKSHOP 3 1.15 – 2.00 pm	A Christian Meditation Fr Michael Grace	E Praying With Scripture Lyn Breen	
WORKSHOP 4 2.15 – 3.00 pm	G Charismatic Prayer Brigita Hore Melinda Clifford	D Lectio Divina Mary Murphy	H Taize Prayer Ruth Lawlor
3.00 pm 3.30	Reflection – Discussion – Thanks - Concluding Prayer FINISH		

CHOOSE A WORKSHOP FOR EACH WORKSHOP SESSION 1- 4

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