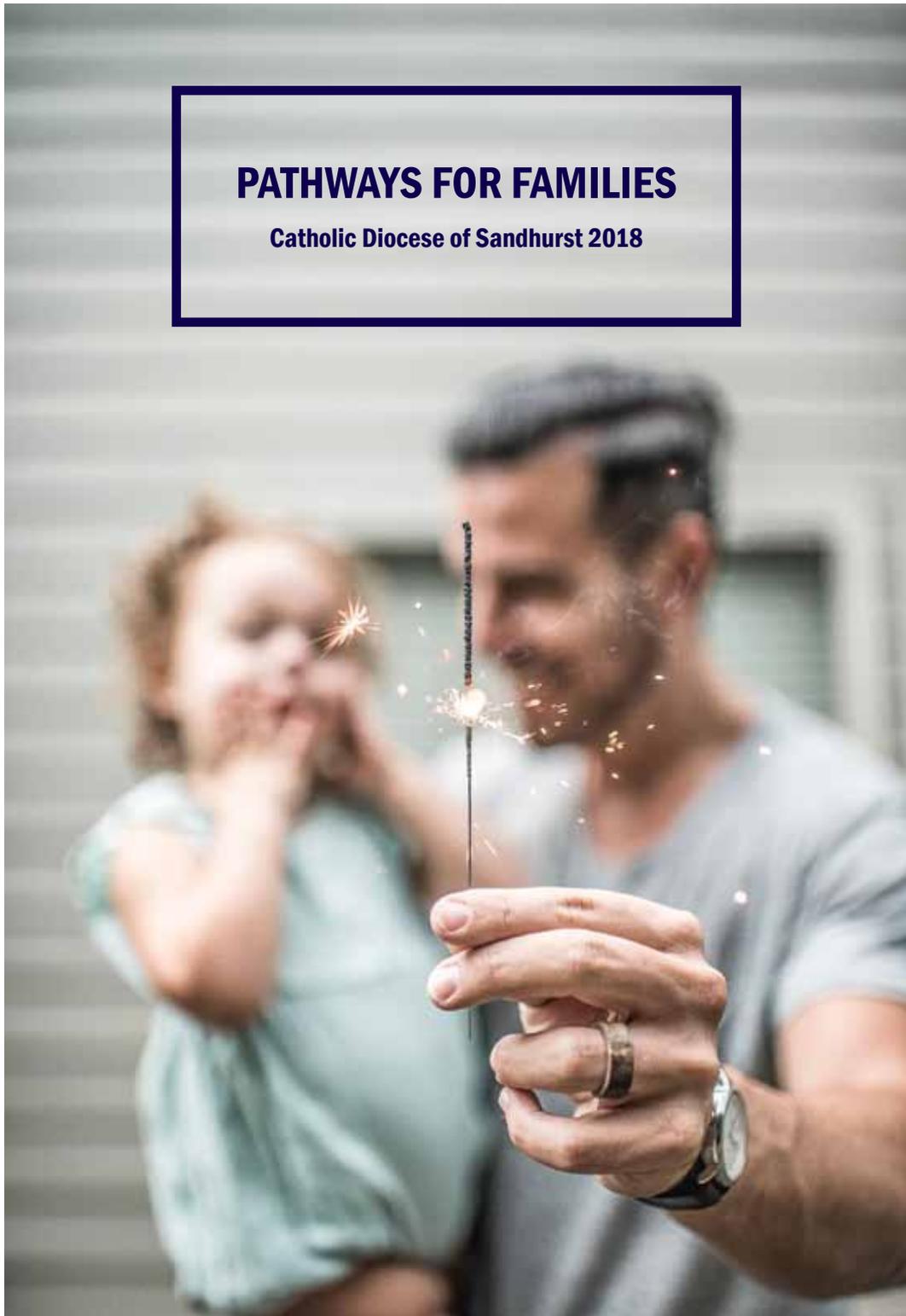


PATHWAYS FOR FAMILIES

Catholic Diocese of Sandhurst 2018



2018

CATHOLIC
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PATHWAYS
FOR
FAMILIES

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1 MARRIAGE AND FAMILY LIFE



Marriage

Family Life

Children

Receive First Sacraments

Children's Resources and Activities

Videos - Online

Teens and Young Adults

Grandparents

Marriage Page

www.brisbanecatholic.org.au/life/marriage/

From the Brisbane Archdiocese: A Catholic Wedding, Catholic Wedding Structure, Preparing for Marriage, Frequently Asked Questions.

Australian Catholic Marriage and Family Council

www.acmfc.org.au/

Resource kits, booklets and online Q & A: 'Getting Married in the Catholic Church'.

Marriage Preparation Ministry

www.brideandgroomcommunication.com/

Our Lady of Mt Carmel Parish Springfield (US) 'Bride and Groom Communication' online manual.

Ministry to the Newly Married

www.ministrytothenewlymarried.org

Beginning marriage education as a lifelong task.

Joy of Love Digital Resource Kit

www.cssr.org.au/writings/dsp-default.cfm?loadref=2718

Redemptorist resource based on Pope Francis' 'The Joy of Love' – in marriage and family.

CatholicCare Sandhurst - Relationships Education for Couples

www.ccds.org.au

Half day Workshops for couples planning marriage or committing to long-term relationships. Explores: family background, communication, dealing with differences, conflict, relationship choices and patterns, what is going well in a relationship, how to build on knowledge and skills. Non-threatening environment. Shepparton and Bendigo. E: email@ccds.org.au OR freecall 1800 461 444 OR (03) 5438 1300. Address 176-178 McCrae Street Bendigo 3550.

Teams for Married Couples

www.teamsoceania.com.au

'Teams' is a lay movement which brings couples together within the Catholic Church

in their local areas, to live in Christian fellowship with other couples and helps them live their lives with more strength, light and hope.

To find out about 'Teams' across the Sandhurst Diocese contact: Fran and John Whelan E: jfbwhelan@aanet.com.au Ph: (03) 5441 1645.

Marriage Resource Centre (MRC)

www.marriageresourcecentre.org/

Australian resource. Positive, solution-oriented organisation with resources for Catholic Marriage Educators, Clergy and other parish leaders, with a core Catholic ethos. Developed and facilitated by trained couples who have walked the path of marriage.

Smart Loving

www.smartloving.org/

From the Marriage Resource Centre. Support for couples from the beginning and through life. Includes: dating and engagement, marriage seminars, retreats, 'Break Through' workshop, Smart Loving Basics, trust, spirituality, sex and fertility, Smart Loving SOS, resources and events. Australian resource.

Worldwide Marriage Encounter Australia

www.wwme.org.au

Offers weekends to help turn good marriages into great marriages, enabling couples to rediscover their best friend and the spark that was there when they first married.

Marriage Resources from Retrouvaille (US)

www.retrouvaille.org/pages.php?page=8 and www.retrouvaille.org/

For Your Marriage

www.foryourmarriage.org/

US Catholic Bishops - Marriage Resource Centre: Dating and Engaged, Parenting and Family, 'For Every Marriage', About Catholic Marriage, 'Our Blogs - Real Couples, Real Stories'

Australian Council of Natural Family Planning

www.acnfp.com.au/home.php

Natural Family Planning (NFP) as an effective, healthy, modern approach to managing fertility.

Family Life

CatholicCare Diocese Sandhurst

www.ccds.org.au/

Excellent newsletter: www.ccds.org.au/newsletters/. Family and Relationships, Kids and Youth, Parenting and Relationships, Life Partnership Workshops, Stepfamilies, Knowing Your Teenager, Boys' Brains, Kids and Worry, Separation, Seasons for Growth (Change, loss, grief), Tuning in to Kids & Teens.

Focus on the Family Australia

www.focusonthefamily.com/ and www.families.org.au/

Help and resources for couples to build healthy marriages that reflect God's design and for parents to raise children according to values grounded in biblical principles.

Mf Majellan Family App

www.majellan.org.au/ Search for the App by name.

Articles and other resources regularly updated for couples and families.

Family and Home Network

www.familyandhome.org/

Helping families spend generous amounts of time together.

Theology of the Family

www.theologyofthefamily.com/

To show that there is faith, hope and healing, both in the family and for the family.

Children

Receive First Sacraments - Baptism

www.sandhurst.catholic.org.au

Contact a local parish to find out about preparing and planning for your baby's Baptism. Contact details for all parishes of the Sandhurst Diocese are available via the Sandhurst Diocese website.

Sandhurst Diocese's 'Steps in Faith' Sacramental Program. Prepare for Reconciliation, Confirmation, First Eucharist. Contact a local parish or Catholic school, see page 20.

www.garrattpublishing.com.au

A very helpful book, *Becoming Catholic: A Parent's Guide to Baptism, Confirmation, Eucharist and Reconciliation*, by Kathy Horan (Garratt Publishing, 2014).

Toll free: 1300 650 878 or sales@garrattpublishing.com.au. OR Pauline Books www.stpauls.com.au/

Children's Resources and Activities

Living Well Media (Australian Resource) - Subscription and items for purchase.

www.livingwellmedia.com.au/

'For teachers of faith' including school teachers, those involved in parish children's ministries and parents. Includes 'CathKids' subscriptions to online faith-based activities which children can access themselves.

We Believe - Resources for Children.

www.webelieveweb.com/liturgical_year.cfm

Sadlier Publishing free resources. Sadlier's "Reflections on This Week's Liturgy". Good for older children. Sadlier Liturgical Calendar Page.

Loyola Press (Loyola Jesuits, Chicago Detroit)

www.loyolapress.com/sunday-connection.htm

Sunday Connection, Gospel resources for children of different ages. Detailed Lesson Plans for children from Grades 1-8. (US Grade 1 is typically aged 6-7).

REsource (Melbourne CEO)

www.resourcemelb.catholic.edu.au/

Catholic Education Office site offering resources for Religious Education teachers in schools and catechists. Simple notes on Bible stories and short teaching 'cartoons' based on bible characters and stories.

JClub for Kids - Daughters of St. Paul (US)

www.jclubcatholic.org

'A Catholic Place for Kids'. Kid-friendly site. Stories, Activities, Media.

Young Catholic Mums (Melbourne).

www.youngcatholicmums.com/

Variety of resources for families.

Catholic Mom (US American style).

www.catholicmom.com/

Resources for families, children, including Scripture-based activities.

TextWeek ('The Text This Week' - Ecumenical)

www.textweek.com/

Resources, reflections, ideas, articles for adults and children.

Sermons 4 Kids (US - Ecumenical)

www.sermons4kids.com/

Scripture stories, forums and activities such as colouring-in sheets, suited to children of various ages.

Magellan Magazine (Australian Resource)

www.majellan.org.au/index.cfm?process=DISPLAY_bulletins

Children's 'Bulletins' and activity pages (to buy - multiple copies for groups & parishes).

Godly Play Ecumenical network with local groups throughout Australia

www.godlyplay.org.au/materials/

Montessori method of telling Bible stories. Lots of resources, some free, some to purchase, for local 'Godly Play' groups or play at home.

Videos - Online

'JESUS FILM COLLECTION' from Jesus Film Media. Free App and online.

www.jesusfilm.org/watch.html

Jesus' story in a full length movie and movie clips, including stories for children.

'GOSPEL MINISTRY RESOURCES COLLECTION' from Max7

www.max7.org/en

Free short animated Gospel story videos.

Teens and Young Adults

Sandhurst Youth Ministry

www.sym.org.au www.facebook.com/SandhurstYouthMinistry

The Catholic Diocese of Sandhurst network and events: Stronger Rallies, Retreats, D Groups, youth-led Masses. Contact: Danielle Sullivan, Sandhurst Diocese Youth Ministry Phone: 03 5441 2544. Email: Danielle.Sullivan@sandhurst.catholic.org.au

Stronger

www.strongeryouth.com

www.facebook.com/StrongerYouth Twitter/Instagram: @StrongerYouth

A fun and faith-filled program where young people get together and celebrate faith in Jesus Christ. The Stronger mission: "Young people encountering Jesus Christ and His Church, becoming stronger to live as disciples who impact the world." Stronger Retreat: a dynamic Catholic weekend retreat held annually in the Sandhurst Diocese for young people aged 16-26.

menAlive

www.menalive.org.au/ www.menalive.org.au/resources/podcasts/

Young men are welcome to join men of all ages to explore faith and life together. For Sandhurst events see: www.sandhurst.catholic.org.au. Also audio podcasts on iTunes.

David and Katie Kobler Facebook

www.facebook.com/DavidandKatieKobler/

David and Katie Kobler are part of Your Choiceez ministry "to educate, inspire and empower young people to have happy, healthy and respectful relationships." www.yourchoiceez.com.au/

Grandparents

Australian Catholic Marriage and Family Council

<http://www.acmfc.org.au/tag/grandparents/>

'Grandparents' Kits' (2012, 2014, 2015). Past editions have continued relevance. Grandparents are of unique importance in family life generally and particularly in the transmission of faith through the generations. They provide children with a stability and sense of identity and continuity.

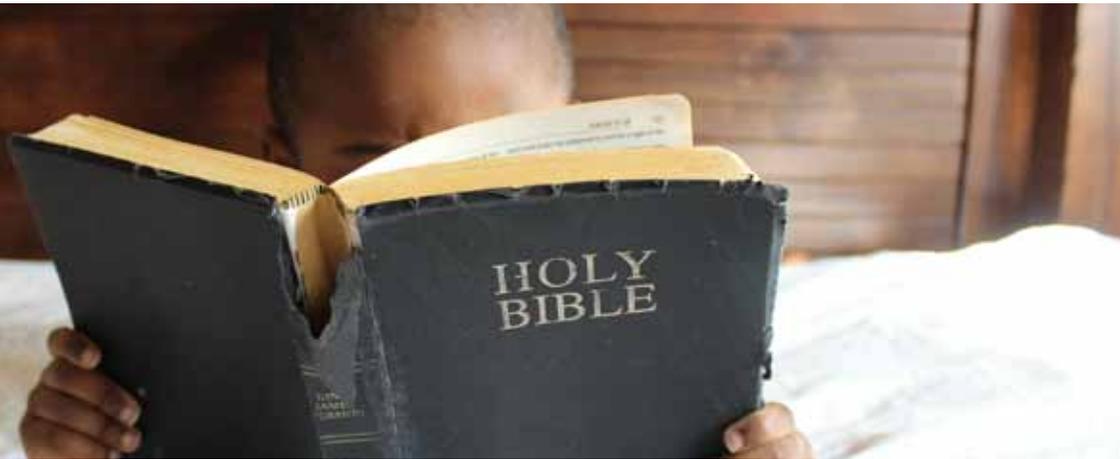
Catholic Grandparents' Association

www.catholicgrandparentsassociation.org/

International network based in Ireland and UK. The aim of the Catholic Grandparents' Association is to help grandparents pass on the faith and keep prayer in the heart of family life. They provide advice and information to help grandparents pass on the faith.



2 SPIRITUALITY AND PRAYER



Quick Access
When You Have More Time
Retreat Centres

Bread4Today - Prayer App and Online

www.cssr.org.au/bread4today

Everyday language prayers: Courage, A Just World, Relationships, Hope, Peace, Hard Times, God, Faith, Forgiveness, Special Intentions. Useful Links.

3-Minute Retreat Prayer App and online

Search for the App by name. Website www.loyolapress.com

Daily 3-minute retreat with a short reading, prayer and reflection from Loyola Press.

Pray as you go! Prayer App and Online

www.pray-as-you-go.org

Daily prayer for listening via smartphone, iPad, at the computer, or via MP3 or WMA.

Sacred Space

www.sacredspace.ie

10-minute 'Sacred Space' with Scripture, reflection and prayer on computer, tablet or smartphone. Produced by the Irish Jesuits.

Daily Prayer

www.pray.com.au/

Be led immediately through a few moments of quiet prayer for today. In the style of 'Sacred Space' (above).

'Just 1 Word' Catholic Bible Lite - Bible App

www.just1word.com

Open any book of the Bible. Free English translations OR buy the 'New Revised Standard Version Catholic Edition' (NRSVCE) OR New American Bible Revised Edition (NABRE). Small cost. Change font size for easy reading.

Universalis

www.universalis.com

Main webpage is useful but not well presented. However, click on link for excellent Apps (small cost) for: daily Mass readings and prayers; Daily Prayer of the Church; feast days . Pray.com.au is a free daily prayer service, providing you with reflections on the day's Gospel readings as well as other articles exploring people's experiences of God, to help you connect with God in your life, while our blog is updated weekly.

When You Have More Time

'Mass for You'

www.cathnews.com

'Mass on Demand' online from St Mary's North Sydney (daily Mass viewed any time) or view in real time with Mass streamed from Our Lady of the Rosary Cathedral, Waitara, NSW at 9.30 am daily.

Ignatian Spirituality

www.ignatianspirituality.com

Online retreats, prayers and resources.

Australian Christian Meditation Community

www.christianmeditationaustralia.org

World Community for Christian meditation, guidance, information and resource links.

Retreat Centres

Daybreak - A Centre of Spirituality

www.daybreak.net.au

An ecumenical centre. Retreats, spiritual direction, programs open to all.

22 Lawson St, Spring Gully, Bendigo 3550. P: 03 5441 1814. E: daybreak@bendigo.net.au

Daybreak aims to offer a place for stillness, resting from the pressures of life and finding peace and connection in our often noisy and busy world. "It is not always easy for us to stop and be quiet in the midst of frenetic activity, yet most of us would agree that it is important to step back and be restored inwardly from time to time."

Daybreak House, generously made available to us by the Family Care Sisters, has quiet and welcoming spaces for individuals or groups to engage in reflection and meditation, as well as programs for self-awareness and spiritual nurture.

Campion Ignatian Spirituality and Retreat Centre

www.campion.asn.au

Quiet, peaceful environment which encourages reflection and growth in spirituality. There is a warm welcome and a comfortable, secure place to rest and pray. They offer programs and retreats which are steeped in the spirituality of Saint Ignatius of Loyola (1491-1556). Ignatian spirituality is about finding God in all things; finding purpose, meaning, light and joy in everything that crosses my path in life.



3 SOCIAL MEDIA AND RESOURCES



Facebook

Twitter

Borrow or Buy a Good Book or DVD

Pages to 'Like'

- Catholic Diocese of Sandhurst
- Adult Faith Education Sandhurst
- Sandhurst Youth Ministry
- Stronger Youth
- SandPiper Catholic Newspaper
- Australian Catholic Bishops Conference
- Australian Catholics Magazine
- CathNews

Twitter

Church News

- Pope Francis @pontifex
- Vatican News @news_va_en
- Australian Catholic Bishops' Commission @ACBC1
- CN CathNews @CathNews
- Thinking Faith @ThinkingFaith
- Eureka Street @EurekaStreet
- The_Tablet @The_Tablet
- Truth, Justice & Healing @TJHCouncil

Reaching Out

- Caritas Australia @CaritasAust
- Vinnies Victoria @VinniesVictoria
- Jesuit Social Services @JesuitSocialSer
- Cath Social Serv Vic @CathSocSerVic

Families

- Life Marriage and Family @lifemarriagefam
- Young Catholic Mums @ycmums
- Godly Play @GodlyPlay

Young Adults

- Stronger Youth @StrongerYouth
- Xt3.com @Xt3dotcom

Women

- Catholic Women's League Victoria and Wagga @CWL_VIC_Wagga
- Catholic Women's League Australia @CWL_Australia

Scripture, Prayer, Liturgy

- Universalis @CatholicFeasts
- Bread 4 Today @bread4today
- Daily Bible Verse @Daily_Bible
- Loyola Press @loyolapress
- Faith Education Sandhurst @FaithEdSandhurst

Borrow Or Buy A Good Book

Sandhurst Diocese Catholic Education Office Library Learning Centre

www.ceosand.catholic.edu.au/about-us/library-learning-centre-llc

Catalogue: www.ceosand.catholic.edu.au Borrow books, DVDs and music CDs. Register as borrower online or by mail. Open 8.30 am – 5.00 pm Monday to Friday. closed 12.00 – 1.00 pm daily and some days in last week of school holidays. 120 Hargreaves Street, Bendigo. Phone: 03 5442 6108 Email: library@ceosand.catholic.edu.au

Pauline Books and Media

www.paulinebooks.com.au

7 Denmark Hill Road, East Hawthorn, Vic 3123. Ph: (03) 9882 3424 Fax: (03) 9882 9614
Email: orders.melbourne@paulinebooks.com.au

Central Catholic Bookshop

www.catholicbookshop.com.au

322 Lonsdale Street, Melbourne, Vic 3000 Ph: (03) 9639 0844. Open 7 days.

Garratt Publishing

www.garrattpublishing.com.au

32 Glenvale Cres, Mulgrave. Vic 3170 P: 03 8545 2911 E: sales@garrattpublishing.com.au

Catholic Archdiocese of Brisbane

www.bne.catholic.net.au

Links to various resources, including 'Catholics and the Bible' found through this site.

Freedom Publishing Australia

www.freedompublishing.com.au/

Great resources for young people and families.



4 COMMUNITY CONNECTIONS



Community Connections
Social Justice
and Outreach

Community Connections

A Parish Community

www.sandhurst.catholic.org.au/index.php/parishes5

Find Parish contact details and Mass times on the website.

Diocese of Sandhurst

www.sandhurst.catholic.org.au

Homepage for the Diocese of Sandhurst, providing news and information about the diocese and its parishes, diocesan organisations, contacts and links.

Sandhurst Diocese Catholic Education Office

www.ceosand.catholic.edu.au

This site offers information and links to primary, secondary and specialist setting Catholic schools in the Sandhurst Diocese with a wealth of information. CEO offices: Bendigo 03 5443 2377, Shepparton 03 5831 3811 and Wangaratta 03 5723 0000.

'SandPiper' Sandhurst Diocese newspaper

www.sandhurst.catholic.org.au/sandpiper/latest/

The Sandpiper is the newspaper of the Catholic Diocese of Sandhurst and it aims to develop a sense of community, linking faith and life through dialogue. It is produced monthly, excluding January and is freely distributed to Catholic churches, schools and hospitals. View 'flipping book' online or pick up a hard copy from a local church.

Australian Catholic Bishop's Conference

www.catholic.org.au

Australian Church information, media releases, news and resources. This site includes information about dioceses, bishops, religious institutes, Church agencies and Catholic groups, as well as their contact details.

Catholic Australia

www.catholicaustralia.com.au/

The Bible, Who is Jesus? What Catholics Believe, Aussie Bible Readings and meditation, 'Lectio Divina', Church in Australia, Sacraments, Liturgy, Spirituality, Prayer, Living the Faith, News & Current Issues, Mission, Youth and Young Adults.

Catholic Enquiry Centre (CEC)

www.catholicenquiry.com

Australian Catholic Bishops' Conference outreach for better knowledge of Christ,

Catholic faith, the Catholic Church in Australia and promotion of inter-religious understanding. Resources and links.

CathNews

www.cathnews.com

Daily Catholic information service reporting Australian and international news. Links to sites offering resources for prayer and positions available within Catholic Church communities and organisations.

Frankly Magazine

www.franklymag.org/topics/

Offering informative and engaging articles by Australian and overseas writers, this magazine has been designed to engage with ordinary people on topics that are relevant to their everyday lives. Free downloads from website, hard copy publication available for purchase.

Faith and Light

www.faithandlight.org

Australian community of persons with an intellectual disability, their families and friends, who meet on a regular basis in a Christian spirit, to share friendship, pray together, fiesta and celebrate life.

Aboriginal Catholic Ministry for Victoria

www.cam.org.au/acmv

Inspired by the Gospel and committed to supporting Aboriginal and Torres Strait Islander people and work for reconciliation. The website offers historical and present day stories of struggle and survival of a small group of Aboriginal Catholics. Responding to the Holy Father's challenge in 1986: 'And the Church herself in Australia will not be fully the Church that Jesus wants her to be until you have made your contribution to her life and until that contribution has been joyfully received by others'. Pope John Paul II 1986.

National Office for the Participation of Women

www.opw.catholic.org.au/

The National Office for the Participation of Women is an initiative of the Australian Catholic Bishops' Conference to promote the participation of women in the Catholic Church in Australia. They work with the bishops of Australia to "make more space" for women, especially in decision making, leadership and ministry and to ensure that the rich variety of women's voices are heard. Includes Women Matter e-News free subscription: Prayer, Reflection, News, Resources.

menALIVE

www.menalive.org.au/

Men of all ages come together to explore everyday faith and life. Sandhurst events: www.sandhurst.catholic.org.au. Audio podcasts: www.menalive.org.au/resources/podcasts/. The most important thing that a man can discover is that God is at work in his life; he is not just out there on his own, battling his way through. The vision of menALIVE is to create an opportunity for that to happen and then try not to get in God's way.

Becoming Catholic - RCIA

www.sandhurst.catholic.org ('Parishes').

The 'Rite of Christian Initiation of Adults' (RCIA) is a spiritual journey to develop a closer relationship with God. It takes place in a local parish over about 12 months, with Sacraments at Easter, depending on individual readiness. Contact a local parish. Receive Sacraments for the first time as an adult

Contact your local parish community to find out about the Rite of Christian Initiation of Adults (RCIA) (above) for initiation into the Catholic community, for reception into the Catholic Church for those baptised into another Christian tradition, or adult reception of Sacraments for the first time.

Catholics Returning Home

Check if a local parish has a 'Catholics Returning Home' program, or ask for support.

Social Justice and Outreach

St Vincent de Paul Society

www.vinnies.org.au/page/About/

The St Vincent de Paul Society is a lay Catholic organisation which aspires to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy, and by working to shape a more just and compassionate community. The Society aspires to be recognised as a caring Catholic charity offering "a hand up" to people in need. We do this by respecting their dignity, sharing our hope, and encouraging them to take control of their own destiny. There are St Vinnies branches and shops with outreach connected to most parishes and towns. Check website or your local 'phone directory.

Caritas Australia

www.caritas.org.au

Helps people to help themselves - regardless of ethnicity, religion or political beliefs. Emergency assistance and long-term development projects in impoverished

communities in Africa, Asia, Latin America, Indigenous Australia and the Pacific — helping oppressed people to rediscover their dignity by taking greater control over their lives and overcoming poverty. Site also has education resources, news and how to help.

Catholic Earthcare Australia (CEA)

www.catholicearthcare.org.au

Agency of Catholic Bishops' Commission for Justice and Peace, to help promote understanding that Creation is sacred, endangered and must be protected and sustained for present and future generations yet unborn.

Earthlinking

www.earth-link.org.au

Earth Link is a community which envisions a world where there is respect, reverence and care for the whole Earth community. Earth Link is endorsed by the Sisters of Mercy and open to all. The Mercy network Newsletter: Respect & Reverence for Earth and human wellbeing.

Australian Catholic Social Justice Council (ACSJC)

www.socialjustice.catholic.org.au

National justice and peace agency of the Catholic Church in Australia. It promotes research, education, advocacy and action on social justice, peace and human rights.

Australian Catholic Migrants and Refugees Office

www.acmro.catholic.org.au

Established by the Australian Bishops to inform policy and action and to act as an official voice on national and international migrant and refugee issues. The Australian Catholic Migrant and Refugee Office dedicates its efforts towards the acceptance and settlement of refugees and migrants into Australia. They do this especially by efforts to influence Government policies in this area and also seek to form Catholic Church policy in Australia for the Pastoral Care of refugees and migrants.

Faith Doing Justice - Jesuit

www.faitdoingjustice.com.au

Newsletter from the Australian Jesuits: News, Resources, What's On and Links. Education, pastoral ministry, social services and policy advocacy, ministry to refugees and asylum seekers, work with Indigenous communities, media and communications, and in the field of spirituality are some of the areas in which the Australian Jesuits are currently involved. Jesuits are expected to do anything or go anywhere to teach Jesus Christ and preach his Good News.



5 LEARNING ABOUT FAITH



Quick Access
When You Have More Time - Online Learning
Interesting Sites

'At Home With God's People'

www.bne.catholic.net.au/faithlife

(Search for 'At Home With God's People' in online shop)

A concise overview of teachings of the Catholic Church. Low cost 'Participant's Book' is an excellent resource for individual reading or small group discussion.

Fr Rob Galea Short Video Teaching Series:

www.youtube.com/user/thatsworship OR www.frrobglea.com/store

A series of engaging high-definition videos to teach about Faith and Life and everyday issues. Free at Fr Rob's YouTube channel or you can buy the set on USB. Videos and Lesson Plans included in this Series: Addiction, Almsgiving, Christian Joy, Forgiveness, Relationship with God, Gossip, Holy Spirit, Lent, Modesty, Prayer, Fasting, What is love? What is sin? Why does God allow suffering? What's wrong with watching porn? What's with Catholics and Mary?

Busted Halo

bustedhalo.com

Busted Halo is a unique media resource that utilises a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others. Easy to access resources to explore the Catholic tradition.

Adult Faith Education Sandhurst

www.sandhurst.catholic.org.au

(Follow 'Directory' and 'Adult Faith Education' links).

Introduction to: Catholic Faith, Scripture, Prayer and Spirituality, Catholic Social Teaching and more. Resources free to download. Faith Education courses, seminars and diocesan events information.

Catholic Enquiry Centre (CEC, Sydney)

www.catholicenquiry.com

18-part series of leaflets focused on the Catholic faith, free to download. Baptism and Wedding brochures to explain the Sacraments and what happens during the ceremonies.

Thinking Faith

www.thinkingfaith.org and www.facebook.com/thinkingfaithjournal/

Discussion of theology, news, contemporary life and issues. Thinking Faith is the

online journal of the Jesuits in Britain. Explore the website to find articles and reviews which will help you think about your faith and think, through your faith, about the world. Since 2008, Thinking Faith has been publishing articles that offer a faith-based perspective on contemporary issues and resources about the Catholic tradition. You will also find reviews of the latest film and book releases.

When You Have More Time - Online Learning

'Crossroads' STM Online learning with Boston Theological College (US)

www.bc.edu/schools/stm/crossroads/courses

Interactive online courses (2-4 weeks) from internationally recognised theologians. Low cost. Certificates for participation via reading and short posts into group 'conversations'. No assignments.

STEP: Theology Online 'Satellite Theological Education Program'

University of Notre Dame (US) - Institute for Catholic Life

www.step.nd.edu/

Online theological education units (6-7 weeks) for adults - US and beyond. Moderate cost. Study separate units or certificate courses.

Dayton University:

Virtual Learning Community for Faith Formation (VLCFF) US Marianist Uni

www.vlcff.udayton.edu/

Online short courses (moderate cost) open to all. Scripture, Theology, Church History, Morality, Social Justice, Liturgy, Spirituality, Youth Ministry and more.

Interesting Sites

The Holy Land (Israel)

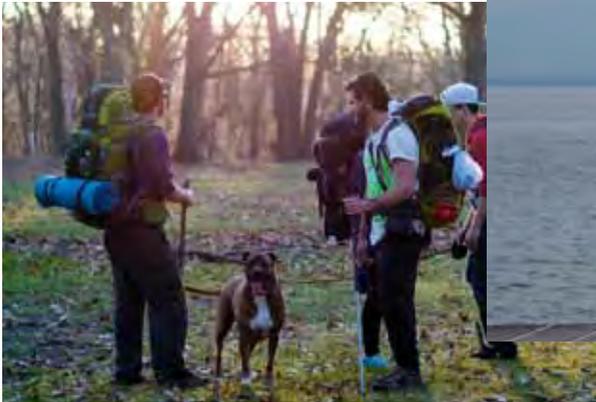
www.seetheholyland.net

Photographic tour of the Holy Land with the Israel Nature and Parks Authority. The Holy Land encompasses the places in the Middle East that are mentioned in the Old and New Testaments. It includes Israel and Palestine, western Jordan, the Sinai Peninsula in Egypt and southern Syria.

The Vatican

www.vatican.va

Follow links to the Vatican Museum and Archives.



6 HELP AND SUPPORT



Marriage, Family Support
Annulment, Divorce
Anti-Pornography Assistance
Coping With Addictions - Substance Addiction

Marriage and Family Support

CatholicCare Sandhurst

www.ccds.org.au

A professional social service fostering hope, growth and wellbeing. It aims to empower individuals, couples and families and to build healthy communities through relationships, partnerships and collaboration. Contact Information:

Bendigo: 176-178 McCrae Street, Bendigo 3550. Ph: 03 5438 1300 or 03 5441 7713.

Shepparton: 68 Wyndham St, Shepparton 3631. Ph: 03 5820 0444 or 03 5821 3774.

Echuca: 230 Anstruther Street, Echuca 3564. Ph: 03 5438 1300.

Healing and Support

www.cgatholic.org.au/catholic-faith/healing-support/

Weakness, loss, suffering and death impact us all. We consider the sacraments of Reconciliation and Anointing, the importance of pastoral care of those in need, specific needs of those whose marriages have collapsed, care of the deceased and the bereaved, ministry to the sick, suffering, and ageing.

Grow

www.grow.org.au

Mutual support self-help network for those experiencing anxiety, depression etc. Open to all, irrespective of belief, race, colour or class. Groups meet in some towns in the Sandhurst Diocese. Ph: 1800 558 268.

Gianna Centre

www.gianna.org.au

Free confidential support service for mothers and fathers with pregnancy-related issues. The Gianna Centre is a caring family support and education service for men, women and young people dealing predominantly with pregnancy, parenting, relationships, fertility and related issues. We provide a welcoming, friendly and confidential environment where some of our volunteers have probably experienced similar situations to yours.

Contact: The Gianna Centre Inc. Victoria Lane, Pall Mall, Bendigo. Ph: 03 5442 4644

Email: giannacentre@bigpond.com. Check office opening hours on website.

Jesuit Social Services

www.jss.org.au

Offers practical programs of service, social action, advocacy and research, including difficult areas of social disadvantage and need, for individuals, families and communities, plus publications and news.

Mackillop Family Services (Melbourne-based)

www.mackillop.org.au/

Catholic agency to support, foster hope and promote justice for children, young people and families, particularly those who have experienced distress, disadvantage and abuse. Working across Victoria (& other states). Vic Central Office enquiry@mackillop.org.au (03) 9699 9177. Address. 237 Cecil Street, South Melbourne, VIC 3205

St Vincent de Paul Society

www.vinnies.org.au/page/About/

There are St Vinnies branches and shops with outreach connected to most parishes and towns. Check website or your local 'phone directory.

Annulment, Divorce

Divorce and the Catholic Church - Q & A

www.catholic.org.au/commission-documents/bishops-commission-for-pastoral-life-1/142-divorce-and-the-catholic-church-frequently-asked-questions-pdf-version-of-booklet-1/file

Divorce and Marriage Tribunal

www.cgcatholic.org.au/services-directory/marriage-tribunal/

Marriage breakdown is usually a traumatic experience for all those concerned. Many separated and divorced people wonder about their status within the Church. The Church reaches out in support of those whose marriage has broken down, while upholding the permanence of a true Christian marriage. These two aspects of the Church's position are especially evident in the sensitive work of the Tribunal of the Catholic Church.

Anti-Pornography Assistance

Dealing With Pornography

www.menalive.org.au/project/dealing-with-pornography/

Free videos and low-cost resources.

Catholic Weekly Article

www.catholicweekly.com.au/chris-gordon-break-free-from-porn-addiction/
January 9, 2017

An excellent anonymous online recovery program, specifically designed to accompany persons in their journey towards sexual integrity found at: reclaimsexualhealth.com.

Anti-Pornography Resources

www.stthomasannarbor.org/l3-ministries/anti-pornography-resources-2/

This US parish website provides links to a range of resources.

Resources for healing pornography addiction

www.adw.org/healing/ Archdiocese of Washington (US)

Coping with Addictions – Substance Addiction

Alcohol and Other Drug Family Service (Melbourne-based)

www.ccam.org.au/page/11/alcohol-other-drug-family-service

CatholicCare Archdiocese of Melbourne.

Substance Abuse and Family Support (Melbourne-based)

www.mackillop.org.au/substance-abuse-and-family-support-service

The Substance Abuse Family Support (SAFS) service provides services to families where parental/carer substance misuse is impacting on family function and child safety. The SAFS range of services includes; home-based outreach counselling, assistance, advocacy and network development. They offer assistance to families with Alcohol and Other Drug (AOD) counselling, relapse prevention, harm minimisation and linkages to other AOD services and support networks. Including assistance to families to create a safe and stable environment for their children, assistance to families to enhance their relationships, parenting skills, life skills, personal development and connection to other community supports.

Vinnies Services for Addiction (Melbourne-based)

www.vinnies.org.au/page/Our_Impact/Health_matters/Looking_past_the_addiction/

Vic Health: Alcohol and Other Drugs Treatment Services (Throughout Victoria)

www2.health.vic.gov.au/alcohol-and-drugs/aod-treatment-services

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November 2017



THE CATHOLIC DIOCESE OF SANDHURST